

2007

OPERATIVE DECEMBER 1, 2008

STATE OF NEBRASKA

**STATUTES RELATING TO
MEDICAL NUTRITION THERAPY PRACTICE ACT**



Department of Health and Human Services
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INDEX

MEDICAL NUTRITION THERAPY PRACTICE ACT

- 38-1801. Act, how cited.
- 38-1802. Legislative findings.
- 38-1803. Definitions, where found.
- 38-1804. Assessment, defined.
- 38-1805. Board, defined.
- 38-1806. Consultation, defined.
- 38-1807. General nutrition services.
- 38-1808. Licensed medical nutrition therapist, defined.
- 38-1809. Medical nutrition therapy, defined.
- 38-1810. Patient, defined.
- 38-1811. Board; membership; qualifications.
- 38-1812. License required; activities not subject to act.
- 38-1813. Licensed medical nutrition therapist; qualifications.
- 38-1814. Reciprocity.
- 38-1815. Fees.
- 38-1816. Act, how construed.

- 71-1,285. Transferred to section 38-1802.
- 71-1,286. Transferred to section 38-1803.
- 71-1,287. Transferred to section 38-1812.
- 71-1,288. Repealed. Laws 2003, LB 242, s. 154.
- 71-1,289. Transferred to section 38-1813.
- 71-1,290. Repealed. Laws 2007, LB 463, § 1319.
- 71-1,291. Repealed. Laws 2007, LB 463, § 1319.
- 71-1,291.01. Repealed. Laws 2007, LB 463, § 1319.
- 71-1,292. Repealed. Laws 2007, LB 463, § 1319.
- 71-1,293. Transferred to section 38-1816.
- 71-1,294. Repealed. Laws 2007, LB 463, § 1319.

STATUTES PERTAINING TO MEDICAL NUTRITION THERAPY PRACTICE ACT

38-1801. Act, how cited. Sections 38-1801 to 38-1816 shall be known and may be cited as the Medical Nutrition Therapy Practice Act.

Source: Laws 2007, LB463, § 623. Operative date December 1, 2008.

38-1802. Legislative findings. (1) The Legislature finds that:

(a) The unregulated practice of medical nutrition therapy can clearly harm or endanger the health, safety, and welfare of the public;

(b) The public can reasonably be expected to benefit from an assurance of initial and continuing professional ability; and

(c) The public cannot be effectively protected by a less cost-effective means than state regulation of the practice of medical nutrition therapy. The Legislature also finds that medical nutrition therapists must exercise independent judgment and that professional education, training, and experience are required to make such judgment.

(2) The Legislature further finds that the practice of medical nutrition therapy in the State of Nebraska is not sufficiently regulated for the protection of the health, safety, and welfare of the public. It declares that this is a matter of statewide concern and it shall be the policy of the State of Nebraska to promote high standards of professional performance by those persons representing themselves as licensed medical nutrition therapists.

Source: Laws 1988, LB 557, § 1; Laws 1995, LB 406, § 20; R.S.1943, (2003), § 71-1,285; Laws 2007, LB463, § 624. Operative date December 1, 2008.

38-1803. Definitions, where found. For purposes of the Medical Nutrition Therapy Practice Act and elsewhere in the Uniform Credentialing Act, unless the context otherwise requires, the definitions found in sections 38-1804 to 38-1810 apply.

Source: Laws 1988, LB 557, § 2; Laws 1995, LB 406, § 21; Laws 1999, LB 828, § 146; R.S.1943, (2003), § 71-1,286; Laws 2007, LB463, § 625. Operative date December 1, 2008.

38-1804. Assessment, defined. Assessment means the process of evaluating the nutritional status of patients. The assessment includes review and analysis of medical and diet histories, biochemical lab values, and anthropometric measurements to determine nutritional status and appropriate nutritional treatment.

Source: Laws 2007, LB463, § 626. Operative date December 1, 2008.

38-1805. Board, defined. Board means the Board of Medical Nutrition Therapy.

Source: Laws 2007, LB463, § 627. Operative date December 1, 2008.

38-1806. Consultation, defined. Consultation means conferring with a physician regarding the activities of the licensed medical nutrition therapist.

Source: Laws 2007, LB463, § 628. Operative date December 1, 2008.

38-1807. General nutrition services. General nutrition services includes, but is not limited to:

(1) Identifying the nutritional needs of individuals and groups in relation to normal nutritional requirements; and

(2) Planning, implementing, and evaluating nutrition education programs for individuals and groups in the selection of food to meet normal nutritional needs throughout the life cycle.

Source: Laws 2007, LB463, § 629. Operative date December 1, 2008.

38-1808. Licensed medical nutrition therapist, defined. Licensed medical nutrition therapist means a person who is licensed to practice medical nutrition therapy pursuant to the Uniform Credentialing Act and who holds a current license issued by the department pursuant to the Medical Nutrition Therapy Practice Act.

Source: Laws 2007, LB463, § 630. Operative date December 1, 2008.

38-1809. Medical nutrition therapy, defined. Medical nutrition therapy means the assessment of the nutritional status of patients. Medical nutrition therapy involves the assessment of patient nutritional status followed by treatment, ranging from diet modification to specialized nutrition support, such as determining nutrient needs for enteral and parenteral nutrition, and monitoring to evaluate patient response to such treatment.

Source: Laws 2007, LB463, § 631. Operative date December 1, 2008.

38-1810. Patient, defined. Patient means a person with a disease, illness, injury, or medical condition for which nutritional interventions are an essential component of standard care.

Source: Laws 2007, LB463, § 632. Operative date December 1, 2008.

38-1811. Board; membership; qualifications. The board shall consist of three professional members, one physician, and one public member appointed pursuant to section 38-158. The members shall meet the requirements of sections 38-164 and 38-165.

Source: Laws 2007, LB463, § 633. Operative date December 1, 2008.

38-1812. License required; activities not subject to act. No person shall practice medical nutrition therapy unless he or she is licensed for such purpose pursuant to the Uniform Credentialing Act. The practice of medical nutrition therapy shall not include:

- (1) Any person credentialed in this state pursuant to the Uniform Credentialing Act and engaging in such profession or occupation for which he or she is credentialed;
- (2) Any student engaged in an academic program under the supervision of a licensed medical nutrition therapist as part of a major course of study in human nutrition, food and nutrition, or dietetics, or an equivalent major course of study approved by the board, and who is designated with a title which clearly indicates the person's status as a student or trainee;
- (3) Persons practicing medical nutrition therapy who serve in the armed forces of the United States or the United States Public Health Service or who are employed by the United States Department of Veterans Affairs or other federal agencies, if their practice is limited to that service or employment;
- (4) Persons practicing medical nutrition therapy who are licensed in another state, United States possession, or country, or have received at least a baccalaureate degree, and are in this state for the purpose of:
 - (a) Consultation if the practice in this state is limited to consultation; or
 - (b) Conducting a teaching clinical demonstration in connection with a program of basic clinical education, graduate education, or postgraduate education which is sponsored by a dietetic education program or a major course of study in human nutrition, food and nutrition, or dietetics, or an equivalent major course of study approved by the board;
- (5) Persons performing general nutrition services incidental to the practice of the profession insofar as it does not exceed the scope of their education and training;
- (6) Persons who market or distribute food, food materials, or dietary supplements, including persons employed in health food stores, or persons engaged in the advising of the use of those products, or the preparation of those products, or the counseling of individuals or groups in the selection of products to meet general nutrition needs;
- (7) Persons conducting classes or disseminating information related to general nutrition services;
- (8) Persons who care for the sick in accordance with the tenets and practices of any bona fide church or religious denomination;
- (9) Persons who provide information and instructions regarding food intake or exercise as a part of a weight control program; and
- (10) Persons with advanced postgraduate degrees involved in academic teaching or research.

Source: Laws 1988, LB 557, § 3; Laws 1995, LB 406, § 22; R.S.1943, (2003), § 71-1,287; Laws 2007, LB463, § 634. Operative date December 1, 2008.

38-1813. Licensed medical nutrition therapist; qualifications. A person shall be qualified to be a licensed medical nutrition therapist if such person furnishes evidence that he or she:

- (1) Has met the requirements for and is a registered dietitian by the American Dietetic Association or an equivalent entity recognized by the board;
- (2)(a) Has satisfactorily passed an examination approved by the board;
- (b) Has received a baccalaureate degree from an accredited college or university with a major course of study in human nutrition, food and nutrition, dietetics, or an equivalent major course of study approved by the board; and
- (c) Has satisfactorily completed a program of supervised clinical experience approved by the department. Such clinical experience shall consist of not less than nine hundred hours of a planned continuous experience in human nutrition, food and nutrition, or dietetics under the supervision of an individual meeting the qualifications of this section; or
- (3)(a) Has satisfactorily passed an examination approved by the board; and
- (b)(i) Has received a master's or doctorate degree from an accredited college or university in human nutrition, nutrition education, food and nutrition, or public health nutrition or in an equivalent major course of study approved by the board; or
- (ii) Has received a master's or doctorate degree from an accredited college or university which includes a major course of study in clinical nutrition. Such course of study shall consist of not less than a combined two hundred hours of biochemistry and physiology and not less than seventy-five hours in human nutrition.

For purposes of this section, accredited college or university means an institution currently listed with the United States Secretary of Education as accredited. Applicants who have obtained their education outside of the United States and its territories shall have their academic degrees validated as equivalent to a baccalaureate or master's degree conferred by a United States regionally accredited college or university.

The practice of medical nutrition therapy shall be performed under the consultation of a physician licensed pursuant to section 38-2026 or sections 38-2029 to 38-2033.

Source: Laws 1988, LB 557, § 5; Laws 1995, LB 406, § 24; R.S.1943, (2003), § 71-1,289; Laws 2007, LB463, § 635. Operative date December 1, 2008.

38-1814. Reciprocity. The department, with the recommendation of the board, may issue a license based on licensure in another jurisdiction to an individual who meets the requirements of the Medical Nutrition Therapy Practice Act or substantially equivalent requirements as determined by the department, with the recommendation of the board.

Source: Laws 2007, LB463, § 636. Operative date December 1, 2008.

38-1815. Fees. The department shall establish and collect fees for credentialing under the Medical Nutrition Therapy Practice Act as provided in sections 38-151 to 38-157.

Source: Laws 2007, LB463, § 637. Operative date December 1, 2008.

38-1816. Act, how construed. Nothing in the Medical Nutrition Therapy Practice Act shall be construed to permit a licensed medical nutrition therapist to practice any other profession regulated under the Uniform Credentialing Act.

Source: Laws 1988, LB 557, § 9; Laws 1994, LB 853, § 1; Laws 1995, LB 406, § 29; R.S.1943, (2003), § 71-1,293; Laws 2007, LB463, § 638. Operative date December 1, 2008.

71-1,285. Transferred to section 38-1802.

71-1,286. Transferred to section 38-1803.

71-1,287. Transferred to section 38-1812.

71-1,288. Repealed. Laws 2003, LB 242, s. 154.

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