

**ADULT PAROLE**

**COMMUNITY RESOURCE DIRECTORY**

**LINCOLN & SURROUNDING AREAS**

**2014**

*Adult Parole Administration keeps records of community service providers that provide services to parolees across the state. This information is reviewed annually. Although we try to maintain accurate and reliable information, we can not guarantee all information in this summary to be totally accurate. We suggest anyone interested in service delivery by a provider, contact that provider to determine if the service provider information is correct.*

**THE LINCOLN DISTRICT COMMUNITY RESOURCE SUMMARY WERE UPDATED BY REQUESTING EACH PAROLE OFFICER, WHO COVERS OR WORKS WITHIN THAT TERRITORY TO VERIFY THE CORRECT BUSINESS, PHONE NUMBER AND ADDRESSES AND TO EVALUATE THEIR CONTINUAL USE AS A REFERRAL SOURCE. THIS COVERS THE LINCOLN, GRAND ISLAND, NORTH PLATTE AND SCOTTSBLUFF PAROLE TERRITORIES FOR THE LINCOLN DISTRICT.**

**ANY PREVIOUS AGENCIES THAT ARE NO LONGER CURRENT WERE DELETED AND ANY NEW AGENCIES WERE ADDED TO THE RESOURCE SUMMARY.**

**IF, AS A USER OF THIS SUMMARY, YOU BECOME AWARE OF A RESOURCE THAT IS NOT LISTED, PLEASE CONTACT THE LINCOLN DISTRICT PAROLE OFFICE SO THAT THE RESOURCE CAN BE EVALUATED AND ADDED TO THIS DOCUMENT, AS APPROPRIATE. THANK YOU FOR ASSISTING LINCOLN DISTRICT PAROLE ADMINISTRATION IN KEEPING THIS DOCUMENT CURRENT.**

**The following services are listed for each of the parole service areas – Lincoln, Grand Island, North Platte and Scottsbluff. They are grouped by service area and then by the categories in the order as listed below.**

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**CRISIS LINE (24 HOUR)**

**Fire, Medical Emergency or Police ... 911**

**Non-emergency: Lincoln Police Department ... 441-6000**

**Poison Center: Children Hospital ... 1-800-222-1222/1-800-955-9119**

**Suicide/Mental Health: Community Mental Health Center of Lanc. Co. ... 441-7040**

**Youth or Family Crisis: (The Call,V/TDD)... ... 437-8888**

**Personal Crisis: Lincoln Personal Crisis Center ... 441-7040**

**Rape/Spouse Abuse: Rape/Spouse Abuse Crisis Center... 475-7273**

**Nebraska Health and Human Services Child Protective Services... 1-800-652-1999**

**Nebraska Health and Human Services Adult Protective Services ... 1-800-652-1999**

**NEBRASKA DEPARTMENT OF CORRECTIONAL SERVICES  
ADULT PAROLE ADMINISTRATION**

# LINCOLN DISTRICT PAROLE'S COMMUNITY RESOURCE SUMMARY YEAR 2014

## ALCOHOL/DRUGS/GAMBLING PROGRAMS

\*\*\*\* THE STATEWIDE PREFERRED PROVIDER LISTS CAN BE FOUND ON THE NDCS  
"Q" DRIVE. \*\*\*\*

**ALCOHOLICS ANONYMOUS – Lincoln AA Central Office 2748 S St., Suite AA PH: 402-438-5214 Nebraska Area 41 Hotline: 1-877-226-3632 [www.lincaa.org](http://www.lincaa.org).**  
24-hour hotline. Call to talk to a volunteer or to find out meeting times.

**ANTLERS SUBSTANCE PROGRAM – 2501 SOUTH ST. LINCOLN, NE PH: 402-434-3965**  
This program offers inpatient, outpatient and intensive substance counseling. An alcohol drug evaluation is required before being accepted into the program.

**ASSOCIATES IN COUNSELING AND TREATMENT – 2110 S. 38<sup>th</sup> St. Lincoln, NE PH: 402-261-6667 [www.actnebraska.com](http://www.actnebraska.com)**  
Substance abuse evaluation and treatment for adults and their families. Dual Diagnosis counseling available. All services are on a sliding scale fee for those who qualify.

**BLUE VALLEY BEHAVIORAL HEALTH – Provide evaluations, education groups, follow-up, outpatient and partial care counseling in mental health and substance abuse in the following counties listed below in the Lincoln District Southeast territory: See Contact numbers listed below. [www.bvbh.net](http://www.bvbh.net)**

**CRISIS RESPONSE OFFICE – 643 S. 25<sup>TH</sup> #11, LINCOLN, NE 68510. PH: 402-474-0419.** (This office does not offer any counseling. It is only for crisis response calls. All other areas listed below provide counseling).

Butler County – 367 "E" Street, David City, Nebraska 68632. Contact: PH: 402-367-4216.

Fillmore County – 831 "F" Street, Geneva, Nebraska 68361. Contact: PH: 402-759-4761.

Gage County – 1123 9th Street, Beatrice, Nebraska 68310. Contact: PH: 402-228-3386.

Jefferson County – 521 "E" Street, Box 120, Fairbury, Nebraska. Contact: PH: 402-729-2272.

Johnson County – 202 High Street, Tecumseh, Nebraska 68450. Contact: PH: 402-335-3361. (No office location).

Nemaha County – 820 Central Ave., #4 Auburn, Nebraska. Contact: PH: 402-274-4373.

Otoe County – 1903 4<sup>th</sup> Corso, Nebraska City, Nebraska 68410. Contact: PH: 402-873-5505.

Pawnee County – 600 "I" Street, Pawnee City, Nebraska 68420. Contact: PH: 402-245-4458.

Richardson County – 116 W. 19<sup>th</sup> Street, Fall City, Nebraska. Contact: PH: 402-245-4458.

Saline County – 1212 Ivy Ave. Crete, Nebraska 68333. Contact: PH: 402-826-2000.

Saunders County – 355 East 4<sup>th</sup> St. Wahoo, NE 68066. Contact: PH: 402-443-4414.

Seward County – 459 S. 6<sup>th</sup> #1, Seward, NE. 68434. Contact: PH: 402-643-3343.

Thayer County – 141 N. 4<sup>th</sup> St. Hebron, NE. 68370. Contact: PH: 402-759-4761. (No office location).

York County – 722 S. Lincoln Ave., #1, York, NE., 68467. Contact: PH: 402-362-6128.

**BREAKING FREE RECOVERY COMMUNITY INC. – 3218 N. 6<sup>TH</sup> Street, Beatrice, Nebraska 68310. Contact: Bernard Jones, LADC, at PH: 402-230-1148. E-mail: [breakingfreerecovery@yahoo.com](mailto:breakingfreerecovery@yahoo.com). This service is also offered at the Exodus House in Lincoln, Ne.**

Offers alcohol/drug evaluations, outpatient, intensive outpatient counseling and treatment, alcohol education (DUI/DWI) classes, continuing care, case management and referral services, special population services women issues, criminal justice involvement, developmental or physical disabilities (case consultation). Available days, evening and weekend hours. Payment arrangement accepted, insurance and sliding scale fee for some services.

**CENTER POINT (Full Circle) – 610 “J” St. Lincoln, Nebraska.**

**Administrative Office located at 2633 “P” St. Lincoln, Nebraska 68508.**

**Adult Outpatient Services: PH: 402-475-5161. The outpatient services located at 1000 South 13<sup>th</sup> Street, Lincoln, NE.**

**The Youth Services is located at 2220 S. 10<sup>th</sup> St. Lincoln, NE. PH: 402-475-5161.**

**[www.centerpointe.org](http://www.centerpointe.org)**

Offers inpatient and outpatient treatment for dually diagnosed persons for drug and alcohol abuse. Day Treatment and Day Rehabilitation programs for dually disordered adults also offered. A mental health diagnosis is required. This agency accepts Magellan Insurance and Medicaid.

**CHOICES, INC. – 127 S. 37<sup>th</sup> St. Suite B 24-Hour Hotline: 402-476-2300**

**[www.coicestreatmentcenter.com](http://www.coicestreatmentcenter.com)**

Free gambling addiction evaluations. Treatment for individuals and family members. Individual and group counseling on sliding fee scale. Offers a women’s specific program, anger management, and couples counseling.

**CORNHUSKER PLACE - 721 K St. Lincoln, NE. 68508 PH: 402-477-3951.**

**[www.cornhuskerplace.org](http://www.cornhuskerplace.org)**

Medically supervised detoxification center, 24-hour services. A long-term care for the chronically dependent. A sliding scale fee except intensive outpatient. No insurance accepted. The program length is usually 3-6 months. Length of short term residential, men only treatment and intensive outpatient (co-ed) treatment is usually 30-45 days.

**FIRST STEP RECOVERY CENTER, INC. –300 South 68th Street Place, Suite 500, 300 S 68th St Pl, Lincoln, NE 68510 PH: 402-434-2730. [www.firststeprecovery.com](http://www.firststeprecovery.com)**

Provides intensive outpatient services, substance abuse education programs, outpatient treatment, and substance abuse evaluations and relapse prevention. Women’s Dual Diagnosis Program includes intensive outpatient, outpatient and continuing care groups. Family Support Group for those family members in treatment and addresses issues in mental illness, family dynamics. Provides counseling on gambling addiction and substance abuse.

**GARRISON COUNSELING – 650 J St. Lincoln NE. 68508. PH: 402-432-3746.**

**[www.garrisoncounseling.com](http://www.garrisoncounseling.com)**

Provides alcohol and drug evaluations and alcohol and drug counseling services.

**INDEPENDENCE CENTER – (Bryan/LGH Medical Center) 1650 Lake St. Lincoln, NE. 68502.**

**PH: 402-481-5268. [www.bryanlgh.com/IndependenceCenter](http://www.bryanlgh.com/IndependenceCenter)**

Hospital based substance abuse facility. Substance abuse evaluation and treatment for adults, youth and their families. Offers detoxification, inpatient, residential and partial care services, 24-hour information, and crisis assistance. Medicaid accepted for youth under 20.

**LINCOLN COUNCIL ON ALCOHOLISM AND DRUGS – 914 L St. Lincoln, NE. 68508 PH: No valid phone number could be located**

Information, referrals and education plus evaluation services for drug and alcohol abuse. Evaluations offered on a sliding scale fee. Also conduct DUI classes.

**LINCOLN GAMBLERS ANONYMOUS – 24-Hour Hotline 402-473-7933**  
**[www.gamblersanonymous.org](http://www.gamblersanonymous.org)**

**LUTHERAN FAMILY SERVICES – 2900 O St. Suite 200 (AAA Building) Lincoln, NE. 68510**  
**PH: 402-435-2909. [www.lfsneb.org](http://www.lfsneb.org)**

Provides alcohol and drug evaluations, intensive outpatient and aftercare for chemical abuse. Individual, family, and marital counseling. Children in the middle (frequently court ordered) for divorcing families. Sliding scale fee. Spanish speaking counselor on staff.

**LYNN R. BEIDECK, LIMHP, LADC, LPC PH. RECOVERY/BEHAVIORAL HEALTH SERVICES - 2535 S. 10<sup>th</sup> St. Lincoln, NE 68502. PH: 402-560-9558. [www.lynnbeideck.com](http://www.lynnbeideck.com)**  
Offering mental health, substance abuse evaluations and treatment. (on the Provider's List).

**MIDWEST INSTITUTE FOR FAMILIES AND YOUTH – 4701 Van Dorn St. Suite A, Lincoln, NE. 68506 PH: 402-434-2550.**  
Counseling services including individual and group counseling.

**NEBRASKA CENTER ON SENTENCING ALTERNATIVES (NCSA) – Woods & Shada Associates, P.O. Box 4709, Lincoln, NE 68504-0709. Lois Woods, B.A., LADCA; Phone 402-730-0433 e-mail: [Lwoods@neb.rr.com](mailto:Lwoods@neb.rr.com) and Kathy Shada, Ph.D., PLADC; Phone 402-560-2564 e-mail: [drshada@inebraska.com](mailto:drshada@inebraska.com)**  
Provide substance use evaluations. Mobile and flexible schedules – offer morning, afternoon, evening and weekend appointments.

**NEBRASKA MENTAL HEALTH CENTER – 4545 S. 86 St., Lincoln, NE. 68526 PH: 402-483-6990 [www.nmhc-clinics.com](http://www.nmhc-clinics.com)**  
Mental health and substance abuse programming for children, adolescents, adults and families. Domestic violence and anger management programs.

**ORIGINS BEHAVIORAL HEALTH – 5801 S. 58<sup>th</sup> Suite C Lincoln, NE 68516. PH: 402-261-0598. [www.originsbehavioralhealth.com](http://www.originsbehavioralhealth.com)**  
Specialize in substance related disorders and mental health. Also provide substance abuse evaluations, individual and group therapy, alcohol and drug education classes, motivational interviewing, aftercare and intervention services. Private insurance, Medicaid, and self-pay.

**PEOPLE CITY MISSION - 110 Q St. Lincoln, NE. 68508 PH: 402-475-1303. [www.peoplescitymission.org](http://www.peoplescitymission.org)**  
Religious oriented residential program that provides emergency shelter for the homeless (males/females), counseling services for families, some medical assistance, food pantry, clothing, some alcohol and drug counseling.

**THE RECOVERY CENTER – 3200 “O” Street, Suite #5, Lincoln, NE 68510. PH: (402) 742-9616 Email: [recoverycenter@windstream.net](mailto:recoverycenter@windstream.net) [www.lincolnrecovery.org](http://www.lincolnrecovery.org)**  
Offers an Intensive Outpatient Program, an Outpatient Program, Relapse Prevention, Evaluation Services, Aftercare Groups and Individual Sessions for substance abuse treatment.

**SAINT MONICA’S HOME – 120 Wedgewood Dr. Lincoln, NE. 68510. PH: 402-441-3768 [www.stmonicas.com](http://www.stmonicas.com)**  
Provides a short-term residential/outpatient rehabilitation for women over 19 years. Must be referred after primary treatment. Sliding scale fee. Does accept Magellan Insurance. The Project mother and

child program focuses on creating strong families, intensive outpatient services, outpatient mental health and substance abuse services.

**SAFE AND SOBER ASSOCIATES – St. James Church 2400 S. 11<sup>th</sup> St., Lincoln, NE. PH: 402-474-5513 [www.newvisionsumc.org](http://www.newvisionsumc.org)**

This space is open for game nights, movies, etc. so that people who want to stay sober have a place to go to meet like-minded people Friday's at 4:00 pm.

**SALVATION ARMY ARC OF NEBRASKA –(ARC-OMAHA). 2551 Dodge St., Omaha, NE. 68131. PH: 402-342-4135 Fax 402-341-7099**

Offers an in house residence rehabilitation program with a focus on basic necessities. Providing a clean, healthy living arrangement, work therapy, group and individual counseling, spiritual direction. Anyone is welcome as long as they participate in a Christian program of recovery and willing to work within the organization. Generally runs for 6 months or longer.

**SPIRIT QUEST (Addiction and Mental Health Recovery Support – New Visions Community) 2400 S 11<sup>th</sup> Street Lincoln NE 68502 PH: 402-474-6035 [jmclenna@newvisionsumc.org](mailto:jmclenna@newvisionsumc.org) <http://www.spiritquestrecovery.org>**

Interim Director: Jamie Norwich McLeannan

Spirit Quest is a comprehensive program reaching out to persons who are recovering from substance abuse and mental health disorders and their families.

**TOUCHSTONE (Short-term residential substance abuse treatment program) – 2633 P St. Lincoln, NE. 68503. PH: 402-474-4343 [info@str-touchstone.org](mailto:info@str-touchstone.org) <http://touchstonenebraska.org>**

Provides a comprehensive short -term residential treatment program promoting recovery, wellness and productive lifestyles changes.

**VALLEY HOPE – Inpatient services: 1421 N. 10<sup>th</sup> St. P.O. Box 918, O'Neill, NE 68763 PH: 402-336-3747. Outpatient services: 7703 Serum Ave. Omaha, NE 68127 PH: 402-991-8824. This is the nearest area for Lincoln/Omaha. <http://www.valleyhope.org/default.aspx>**

Intensive outpatient and relapse programs. Also provides aftercare and continued counseling, and counseling for psychological problems to individuals, couples or families.

**VETERAN'S HOSPITAL – 600 S. 70<sup>th</sup> St. Lincoln, NE. 68510. PH: 402-489-3802. Outreach Center – 3119 "O" St. 68510. PH: 402-476-9736.**

Provides evaluations, inpatient, outpatient and after care substance abuse programs for veterans, medical detoxification, men's anger group control, also assistance for post-traumatic stress.

### **COMMUNITY CENTERS AND EMERGENCY SERVICES**

**BRIDGES TO HOPE – 3107 South 6<sup>th</sup> St. Ste. #107, Lincoln, NE. 68502. PH: 402-420-5696/ 402-430-3348 and also for special appointments (weekends). <http://bridgestohopene.org/>**

A non-denominational, non-profit corporation for individuals incarcerated, recently released and transitioning back into society. When released from corrections individuals may come to receive house wares, clothing, personal hygiene products, furniture to help set up their house hold.

**CATHOLIC SOCIAL SERVICES – 2014 O St. Lincoln, NE. PH: 402-474-1600.**

Offering services for the homeless. Also offers food pantry, clothing at the North 27<sup>th</sup> St. Program.

**CEDARS STREET OUTREACH SERVICES – 6601 Pioneers Blvd, Ste. 1 Lincoln, NE PH: 402-436-5437**

CEDARS Street Outreach Services (SOS) provides street-based assistance to run away, homeless and at-risk youth in Lincoln, offers support to homeless youth as they work to leave the streets for safe shelter.

**CENTER FOR PEOPLE IN NEED – 3901 North 27<sup>th</sup> St. Unit 1 Lincoln, NE 68521. PH: 402-476-4357 [www.centerforpeopleinneed.org](http://www.centerforpeopleinneed.org)**

Offering basic human needs: food banks, clothing closets, shelters, rent assistance, utility assistance. Physical and Mental Health resources, Employment support.

**COMMUNITY ACTION PARTNERSHIP – 210 O St. Lincoln, NE. 68508. PH: 402-471-4515.**

Provides services for families enrolled in the heads start program and daycare programs. The Emergency Services Program provides emergency assistance with past due rent, utility bills, and deposits. Households must complete an application over the phone or in person to be eligible.

**COMMUNITY JUSTICE CENTER – 5625 O St. Suite #114 Lincoln, NE. 68508. PH: 402-429-1050. <http://www.communityjusticecenter.org/> James Jones, Executive Director.**

Contract with outside agencies for employment classes. Conduct Victim/Impact classes.

**DEPARTMENT OF HEALTH AND HUMAN SERVICES – 1050 N St. Rm. 250, Lincoln, NE.69508. PH: 402-471-7000.**

Provides food stamps, ADC, energy assistance, rent assistance, protective services county and burial.

**EL CENTRO DE LAS AMERICAS – 2615 O St. Lincoln, NE PH: 402-474-3950.**

<http://elcentrodelasamericas.org/>

Provides food pantry, English and Spanish classes, interpreters and citizen ship classes.

**FAMILY SERVICE COUNSELING – 501 S. 7<sup>th</sup> St. Lincoln, NE. 68508. PH: 402-441-7949.**

<http://familyservicelincoln.org/programs/wic-women-infants-children/>

Provides food supplement program and childcare food supplement program, WIC services, before and after school program. Offer counseling services for children within the Lincoln Public schools.

**THE GATHERING PLACE – 1448 E St. Lincoln, NE. 68508. PH: 402-476-7398.**

[http://www.communityactionatwork.org/programs/basic\\_needs/meals.html](http://www.communityactionatwork.org/programs/basic_needs/meals.html)

Offers free meals Monday-Friday. Michael Ryan, Gathering Place Administrator  
myran@communityactionatwork.org

**GOOD NEIGHBOR CENTER - 2617 Y St. Lincoln, NE.68503 PH: 402-477-4173.**

<http://www.gncclincoln.org/>

Provides emergency food/clothing.

**MALONE COMMUNITY CENTER – 2032 U St. Lincoln, NE. 68503. PH: 402-474-1110.**

The mission of the Clyde Malone Community Center is to strengthen the Lincoln community by serving as a cornerstone for educational, cultural, and advocacy programs.

**INDIAN CENTER INC. – 1100 Military Rd., Lincoln, NE. 68508. PH: 402-438-5231.**

<http://indiancenterinc.org/>

Provide youth and family service programs for Native Americans who need mentors, who have problems with juvenile delinquency etc.; Workforce Investment Act programs for Native Americans in need of job placement, counseling, training, or GED. Family First Program for families with emotionally disturbed

children of all ethnic groups. Food commodities, housing, health care and family support referrals to persons of all ethnic groups.

**MATT TALBOT KITCHEN AND OUTREACH – 2121 N. 27<sup>th</sup> St., Lincoln, NE. PH: 402-477-4116**  
**<http://www.mtkserves.org/advocacyoutreach/>**.

Meals served daily: 11:30am 12:30pm and 5:30pm-6:30pm. Other services include but are not limited to: message, phone and mail services; assist with food stamps applications; foot clinic, life skills classes, vision improvement plan (access to glasses), identification recovery.

**NORTHEAST FAMILY CENTER – 6220 Logan (Havelock area) Lincoln, NE. 68504 PH: 402-471-3700. <https://www.nfclincoln.org/>**

Provides the following services for those residents of the Northeast area of Lincoln: Parenting groups for men/women, parenting network; summer day camp and after school program for school age children, 4-H program, library for parents and children, sponsor of teen night with homework assistance, S.H.A.R.E. Food Program, Academy of Rock, diaper depot, strengthening families support.

**RELEASED AND RESTORED – St. James Church 11<sup>th</sup> and Lake Street, Lincoln, NE.**

This space is open for game nights, movies, etc. so that people who want to stay sober have a place to go to meet like-minded people.

**YWCA (Parent Center) – 1432 N St. Lincoln, NE. 68508. PH: 402-434-3494.**

Provides parenting education and counseling, GED also available. Child care room provided.

### **EDUCATION ASSISTANCE**

**COMMUNITY ACTION PARTNERSHIP 210 O STREET LINCOLN, NE 68508**

**Contact: Andra Backer PH: 402-471-4515 Fax: 402-471-4844 [www.communityactionnetwork.org](http://www.communityactionnetwork.org)**

Employment and Education program, the mission is to empower people struggling in poverty to reach their full potential and achieve self-reliance. GED classes, computer lab and employment assistance.

**EDUCATION QUEST (HEADQUARTERS): 1300 O ST., LINCOLN, NE. 68508. PH: 402-475-5222 OR 800-303-3745. <http://www.educationquest.org/>**

Nonprofit organization with a mission of improving access to higher education in Nebraska. They strive to achieve this mission through free college planning services, outreach services, need-based scholarship programs, and college access grants.

**NEBRASKA DEPARTMENT OF EDUCATION: 301 CENTENNIAL MALL SOUTH, P.O.**

**BOX 94987, LINCOLN, NE 68509. PH: 402-471-2295. <http://www.education.ne.gov/>**

The mission is to provide educational opportunities for adults to improve adult literacy skills. They can assist with application for copy of Nebraska High school diploma, information on Nebraska GED testing centers, a national GED testing locator, and access to forms to request transcripts and more.

**SOUTHEAST COMMUNITY COLLEGE – 8800 O St. Lincoln, NE. 68520. PH: Lincoln Campus: 402-471-3333 Guided Studies Office. 402-437-2719 or 402-437-2717; Beatrice Campus 1-800-223-5027; Milford Campus: 1-800-933-7223.**

Basic, intermediate, advanced and vocational ESL classes are offered. Basic and vocational ESL classes are free. Registration is \$20.

## **EMPLOYMENT ASSISTANCE**

**CENTER FOR PEOPLE IN NEED – 3901 N. 27<sup>th</sup> St. Lincoln, NE PH: 402-476-4357**

**<http://centerforpeopleinneed.org/>**

Job Training: Program provides training for low income individuals, immigrants and refugees. Programs include janitorial, receptionist, retail, food service, warehouse, and forklift training. The program currently accepts referrals from ResCare, Voc. Rehab., Lutheran Family Services and Catholic Social Services.

**COMMUNITY ACTION PARTNERSHIP 210 O St. Lincoln, NE 68508 PH: 402-471-4515 Fax: 402-471-4844 [www.communityactionatwork.org](http://www.communityactionatwork.org)**

Employment and Education program: The mission is to empower people struggling in poverty to reach their full potential and achieve self-reliance. GED classes, computer lab and employment assistance.

**COMMUNITY JUSTICE CENTER – 1010 N St. Lincoln, NE. PH: 402-429-1050. James Jones, Executive Director.**

Contract with outside agencies for employment classes. Also conduct Victim/Impact classes.

**GOODWILL JOB CONNECTION – 1111 O STREET, LINCOLN, NE. PH: 402-441-4924.**

**<http://lincolngoodwill.org/>**

Goodwill's Job Connection is located in the American Job Center at Southeast Community College's Education Square. The purpose of Job Connection is to maximize the employability of job seekers in a market that requires some computer knowledge in nearly all jobs. Individuals may receive assistance with resume and cover letter creation and templates are available for use. Staff members are also available to help guide guests through online applications. Classes or tutorials for basic computer skills, typing and data entry are also made available. Many of the tutorials are available in both English and Spanish.

**ONE STOP CAREER CENTER – WORKFORCE DEVELOPMENT – 1010 N. St. Ste. 150, Lincoln, NE PH: 402-441-7111 402-441-4924**

Internet access, job search assistance, skill assessments, computer classes. Access to the following: Experience Works; job training and work experience for individuals 55 and older. Urban Development: Job training for adults, youth and those unemployed to layoffs or business closings.

**PROTEUS – 3830 VerMaas Place, Ste. #A, Lincoln, NE PH: 1-855-458-3421. [www.proteusinc.net](http://www.proteusinc.net)**

Non-profit organization helping farmworkers, immigrants, and others with a variety of services to improve health, education and economic opportunities.

**VOCATIONAL REHABILITATION: 2202 S. 11<sup>th</sup> St. 2<sup>nd</sup> Floor, Trabert Hall, Lincoln, NE 68521 PH: 402-471-3231. Fax : 402-471-6309**

Representatives can assist with career assessments and counseling, job training, job placement assistance, and job site modifications and devices.

**NEBRASKA FEDERAL BONDING PROGRAM - Nebraska Workforce Development 550 S 16<sup>th</sup> Street, P.O. Box 94600 Lincoln, NE 68509 PH: 402-471-2693 402-471-2776 Fax: 402-471-3050 [www.nebrasakaworkforce.com](http://www.nebrasakaworkforce.com)**

Federal Bonding Program is a federal tool, to help a job applicant obtain employment and keep it. The program issues Fidelity Bonds, and is sponsored by the U.S. Department of Labor. For more information, Job Seekers call 1-877-US2-JOBS

**YWCA - 1432 N. St. Lincoln, NE PH: 402-434-3494**

Job Outfitters is a community resource for low-income women who are actively seeking employment or are working.

### **FINANCIAL ASSISTANCE**

**COMMUNITY ACTION PARTNERSHIP – 210 O St. Lincoln, NE PH: 402-471-4515**

Payee Program: Provides financial case management for individuals receiving SSI, SSDI or other Social Security payments. Open to anyone required to have a payee.

**CONSUMER CREDIT COUNSELING CENTER – 1001 S. 70<sup>th</sup> St. Suite 200 Lincoln, NE. 68510. PH: 402-484-7200. For mailing PO Box 5322 Lincoln, NE 68505.**

Provides financial counseling and budget planning. No fee for budget service, minimal fee for other services.

**SOCIAL SECURITY OFFICE – Federal Building, 100 Centennial Mall North, Suite 191, Lincoln, NE 68508. PH: 866-593-2880 (Call hours are 9 AM – 4 PM). [www.socialsecurity.gov](http://www.socialsecurity.gov)**

Provides assistance in starting the SSI process. Apply online for retirement benefits; change address, phone number if you receive benefits

**VETERANS WORKFORCE DEVELOPMENT: 1010 N ST., Lincoln, NE. PH: 402-471-2275.**

Assistance in creating resume, job search, filling for unemployment, training for different programs (i.e. welding, sheet metal, hair styling, etc).

**VETERANS BENEFITS ADMINISTRATION (VBA) : 3800 Village Drive, Lincoln, NE. 68516.**

**PH: 800-827-1000.**

Representative can provide information and assistance to eligible veterans for: Compensation and pension application, survivor benefits, burial, education, home loans, vocational rehabilitation and life insurance.

### **HEALTH CARE**

**CENTER FOR PEOPLE IN NEED – HEALTH HUB: 3901 N. 27<sup>TH</sup> ST. Lincoln, NE. PH: 402-817-0808 or 402-476-4657**

Health Hub is a program for connecting uninsured individuals in the following ways: Find a doctor or medical home, access medications, locate and schedule to see a medical specialist, apply for programs such as supplemental nutrition assistance program-(food stamps), general assistance, supplemental security income (SSI), social security disability insurance (SSDI), Medicare and Medicaid.

**CLINIC WITH A HEART – 1701 S. 17<sup>th</sup> St. Lower Level, Lincoln, NE. PH: 402-421-2924.**

**<http://www.clinicwithaheart.org/>**

A faith-inspired organization, Clinic with a Heart serves the uninsured and underinsured through a ministry of healthcare. CWAH hosts clinics that provide uninsured and underinsured individuals with medical, dental, vision, hearing, physical therapy, chiropractic, mental health and spiritual care.

**LANCASTER COUNTY HEALTH DEPARTMENT/ COMMUNITY HEALTH SERVICE DIVISION - 3140 N. St. Lincoln, NE. 68510. PH: 402-441-8065.**

Presumptive Eligibility Medicaid for Pregnant Women, WIC program, Childhood Vaccines, STI Testing, HIV Clinic, General assistance medical clinic (by appointment only).

**LINCOLN VA CLINIC – 600 S. 70<sup>th</sup> St. Lincoln, NE. 68510. PH: 402-489-3802. (main number).**

Can provide outpatient medical, mental health and substance abuse treatment services for eligible veterans. They are also able to provide assistance for Post-traumatic Stress Disorder, anger management groups, and assistance for veterans dealing with homelessness.

**MATT TALBOT KITCHEN AND OUTREACH – 2121 N. 27<sup>th</sup> St. Lincoln, NE PH: 402-477-4116**  
<http://www.mtkserves.org/>

Provide eye exams/screenings, free nursing care, flu immunization clinics, foot care clinics for homeless or near homeless individuals.

**NEBRASKA HEALTH AND HUMAN SERVICES – 1050 N St. 68508. PH: 402-471-3121.**  
**Located on 2<sup>nd</sup> floor (Gold's Building).**

Provides child protective services. Children and family services assessment of reports of child abuse or neglect. Services and referrals for families and children.

**NEBRASKA URBAN INDIAN HEALTH COALITION – 2331 Fairfield St. Lincoln, NE PH: 402-434-7177** <http://nuihc.com/>

Provides primary health care clinics to serve the needs of Native Americans and others within the service area. Provided care is culturally and linguistically appropriate for the patients served. Services are available to both the insured and uninsured. Most insurance is accepted including Medicaid and Medicare. Uninsured patients are charged on a sliding scale at affordable prices. Services are provided to patients based on an established clinical schedule and emergency 24-hour on-call system.

**PEOPLE CITY MISSION – 110 O. St. Lincoln, NE. 68508. PH: 402-817-0980.**  
<http://www.peoplescitymission.org/>

The PCM Medical Clinic offers medical, dental, optical and behavioral health services for low-income, uninsured residents of Lincoln and Lancaster County. Patients with any type of insurance or medical assistance should continue with their current provider.

**PEOPLE'S HEALTH CENTER – 1021 N. 27<sup>th</sup> St. Lincoln, NE PH: 402-476-1455**  
<http://www.phclincoln.org/>

Unless you are already an established patient with PHC, you must call the People's Health Center to see if you meet eligibility requirements or contact the Health Hub at 402-817-0808 for a referral. Provides affordable, comprehensive primary health care especially for those with limited resources. Services include general physical exams, immunizations, dental, pharmacy, HIV/STD testing, translation, mental health on a referral basis, Women's health issues, and a physician house call program for chronically ill homebound elderly.

**PROTEUS – 3830 VerMaas PLACE SUITE #A, LINCOLN, NEBRASKA 68502. PH: 402-805-4004 OR 1-855-458-3421. Website: [www.proteusinc.net](http://www.proteusinc.net)**

Non-profit organization helping farmworkers, immigrants, and others with a variety of services to improve health, education and economic opportunities.

### **WOMEN'S HEALTH**

**BIRTHRIGHT, INC – 5625 O St. #4, Lincoln, NE PH: 402-466-2609** <http://birthright.org/en/>  
**24-Hour toll-free hotline: 1-800-550-4900**

Free pregnancy tests, resources, and confidential.

**CATHOLIC SOCIAL SERVICES – 2241 O St. Lincoln, NE PH: 402-474-1600**  
<http://www.csisus.org/>

Pregnancy services, counseling for those facing an unplanned pregnancy, parenting and adoption planning.

**EVERY WOMAN MATTERS – 301 Centennial Mall South, 3<sup>rd</sup> floor, Lincoln, NE PH: 402-471-0929 [www.lhss.ne.gov/hew/owh/eum](http://www.lhss.ne.gov/hew/owh/eum)**

This program can help women get their annual health check-ups for free. The program is for women 40 through 64 years of age who have no health insurance, Medicaid or Medicare, and have a low to medium income. Services include: clinical breast exam, PAP test and pelvic exam, mammogram, blood pressure screening, blood glucose screening cholesterol screening.

**HEALTHY MOTHER, HEALTHY BABIES – Lincoln, NE PH: 402-471-2907 Toll-Free Hotline: 1-800-862-1889**

Helps pregnant women with no insurance who need medical care.

**LINCOLN CRISIS PREGNANCY CENTER – 4247 O St. Lincoln, NE PH: 402-483-4247 <http://www.lincolncrisispregnancycenter.org/>**

Services Provided: free pregnancy tests with immediate results, accurate information on pregnancy options, continued support (as desired), ultrasounds for qualifying clients, healthy relationship/sexual risk avoidance education, maternity and baby clothes and diapers, parenting education, birthing classes, referrals to community resources and agencies, post-abortion counseling and support groups, 24-Hour helpline: 402-483-4247

**LINCOLN/LANCASTER COUNTY HEALTH DEPT – 3140 N. St. PH: 402-441-8065 <http://www.lincoln.ne.gov/city/health/nurse/>**

Pregnancy testing by appointment, health and parenting information, referrals to health care providers.

**LUTHERAN FAMILY SERVICES – 2900 O St. Suite 200 PH: 402-435-2910 [www.lfsneb.org/](http://www.lfsneb.org/)**  
Unplanned pregnancy counseling, adoption program.

**PLANNED PARENTHOOD – 5613 S. 48<sup>th</sup> St. Ste. 100 PH: 877-811-7526 <http://www.plannedparenthood.org/health-center/centerDetails.asp?f=4062>**

Offers services to women on a sliding fee scale. Breast cancer screenings, procedures to prevent cervical cancer, female infertility, menopause, menstruation, ovarian cancer, pelvic exam, yeast infection and vaginitis, male infertility, urinary tract infections, pap tests and HPV tests.

### **HALFWAY HOUSES/TRANSITION HOUSES**

**CURTIS CENTER @ PEOPLE'S CITY MISSION – 110 Q St. Lincoln, NE PH: 402-475-1303 <http://www.peoplescitymission.org/index.php/shelter/13-shelter/82-mens-transitional>**

The Curtis Center is a supportive, transitional housing center for 60 men. The Curtis Center is a secure building with private sleeping rooms. Each room has a refrigerator, microwave and sink and is wired for basic cable TV services. Other amenities include laundry facilities, three congregate meals, a community lounge, a library for reading or study, two outdoor courtyards, and 24-hour staff. Men must apply and be accepted into this program. The maximum stay is 24 months. The program fee is \$350 per month. The Curtis Center program focuses on three areas: Vocational, Recovery or Educational. Each area includes classes, counseling and services designed to promote emotional health and economic self-sufficiency.

**FRESH START HOME – 6433 Havelock Lincoln, NE. 68507. Contact: PH: 402-475-7777 Fax: 402-475-7779 [www.freshstarhome.org](http://www.freshstarhome.org)**

Provides transitional housing and living skills for single women without children, and offers supplemental household goods. Women are asked to give at least a three month commitment and may

stay for up to one year. Women create an Individualized Goal Plan (IGP) that identifies the goals they have and the steps to take to reach self-sufficiency. Residents are to complete hours of volunteer service to a community-based organization each week, attend educational workshops at the house, and perform household responsibilities. \*\*Has SAP component.

**FRIENDSHIP HOME – P.O. Box 30268 Lincoln, NE. 68501. PH: 402-437-9362 Emergency Hot-Line: 402-437-9302. Email: [info@friendshiphome.org](mailto:info@friendshiphome.org) <http://www.friendshiphome.org/>**

Provides shelter for women and their children who are victims of domestic violence and sexual assault. Provides an array of crisis intervention services, case management and emotional support to women and children in shelter and those who are waiting for shelter.

**HOUSE FOR NEW LIFE – 4504 Holdrege St. Lincoln, NE. 68503. PH: 402-466-6080.**

A therapeutic, Christian based transitional living facility for ex-offenders, focusing on sex offenders.

**HOUSE OF HOPE – 1124 N. Cotner Blvd. Lincoln, NE. 68508. PH: 402-435-3165.**

Halfway house provides residence/aftercare treatment (groups and individual) for adult men that have completed chemical dependency treatment within the last year. Residents must be employable and be ambulatory. Sliding scale fee. \*\*Has SAP component.

**SUMMIT CARE AND WELLNESS – P.O. Box 6582, Lincoln, NE 68506: PH. 402-601-5641 [www.summitcareandwellness.com](http://www.summitcareandwellness.com) email: [info@summitcareandwellness.com](mailto:info@summitcareandwellness.com)**

Summit Care and Wellness's transitional living programs provides transitional living for men who have successfully completed an alcohol/drug treatment program and/or for men who have chosen to live a clean and sober lifestyle and are actively pursuing recovery. There must be a 4 month commitment. \*\*Has SAP component. Program Director is Nanette Gingery. Rent is \$125/week or \$500/month and \$500 is needed to begin program.

McKinley House, 2965 P Street, Lincoln, NE 68503 402-438-0147 (for women).

Rainier House, 601 South 27<sup>th</sup> Street, Lincoln, NE 68510 402-742-6439

Everest House, 1820 A Street, Lincoln, NE 68522 402-742-4943

Whitney House, 1005 G Street, Lincoln, NE

Short – Term Residential Facility – 9300 Wagon Trail Road, Hickman, NE. 68372

**NEW WAY HOME – (requested their address not to be listed). PH: 402-430-2036 or 402-540-5001.**

Providing a sober living environment for both men and women who are recovering alcoholics and drug addicts. There must be a 3 month commitment, attend AA/NA at least 3 times per week, must be employed within 2 weeks. Must do a phone screening with current house residents. There is a \$50 deposit and rent is \$380/month and must have \$430 up front to be accepted.

**SOBER LIVING HOUSES – 2030 Washington St. Lincoln, NE PH: 402-327-9751 or 402-440-7884**

Providing a sober living environment for men. Must complete application and contract to apply. If on parole for less than 6 months, \$1450 is required up front to move in. If on parole for 6 or more months, a deposit of \$100 and rent is \$400 per month.

**ST. MONICA'S HOME – 120 Wedgewood Dr. Lincoln, NE. 68510. PH: 402-441-3768 <http://www.stmonicas.com/>**

Residential/outpatient rehabilitation for women 19 years or older. Must be referred after primary treatment. Sliding scale fee. \*\*Has SAP component. Project mother and child program. Project Strong Families program, Step-down Housing program, intensive outpatient, outpatient mental health and substance abuse services. In addition, St. Monica's has added an Adolescent Girls Intensive Outpatient

Program. (6-12 weeks of individualized, group, psychological assessments and education services for ages 13-18 yrs). Also offering outpatient mental health and substance abuse services for adolescent girls.

**Y STREET HOUSE – 1115 N. 26<sup>th</sup> St. Lincoln, NE 68503 PH: 402-499-0746**

<http://www.theystreethouse.com/>

The Y Street House can provide the help and structure needed to transition back into society in a healthy way leading to success. Our program consists of an 8 month residency program designed to take the new resident from first day of release to being ready to get his own apartment and have a successful job. This will be done in steps each step helps the resident feel a sense of accomplishment and encourages them to move on to the next step. If someone falls behind there are many willing to provide help and guidance. Accepts sex offenders.

### **HOUSING ASSISTANCE**

**COMMUNITY ACTION PARTNERSHIP – 210 O St. Lincoln, NE. 68508. PH: 402-471-4515.**

<http://www.communityactionatwork.org/>

Assists low to moderate income families in securing safe and affordable housing. Supportive Housing Program provides intensive case-management, assistance with rent payments, and referrals to services that will support clients' efforts to remain housed. Free weatherization for renters or homeowners, homes, apartments or mobile homes. Services include furnace inspection/maintenance, insulation, glass replacement and weather stripping. To be eligible, household income must be below 200% of the federal poverty guidelines and the home cannot have been previously weatherized after October 1, 1994.

**NEIGHBORWORKS LINCOLN – 2121 N. 27<sup>th</sup> St. Lincoln, NE PH: 402-477-7181**

<http://nwlincoln.org/>

Homebuyer education classes, mortgage counseling and assistance, and foreclosure prevention. Call for more information.

**URBAN DEVELOPMENT DIVISION – 808 P St. Ste. 400, Lincoln NE. PH: 402-441-7864/ TDD 402-441-7615.**

Provide housing rehab assistance in Lincoln for low and moderate-income homeowners and investor owners of units with low and moderate income tenants. Also, first time homebuyer assistance for low and moderate-income households. Some programs limited to designated areas.

**a. Direct/Deferred Loan Program** – for low and moderate-income homeowners who do not qualify for HLP loan and who are located in low/moderate income areas. Deferred payment loans are available at 0% interest. Minimum monthly payment may be required.

**b. Emergency Repair Loan Program** - emergency repairs. (replacement of furnaces, water heaters, dangerous wiring, etc) by very low-income homeowners citywide. A 0% deferred payment loan with no payments as long as owner lives on the property.

**c. FIRST HOME Program** – for low and moderate-income first-time homebuyers citywide who haven't owned a home in 3 years. Must complete homebuyer training by Neighborhoods Inc. Deferred loan assistance available for gap financing and housing rehab.

**d. Home Improvement Loan Program (HLP).** – A 0% interest loan for low income and moderate income homeowners wanting to make home improvements to their older homes, citywide. Priority given to low/moderate income areas.

**Housing Authority (Lincoln) – 5700 R St., Lincoln, NE. 68505. PH: 402-434-5500. TDD 800-545-1833 ex. 875. Family Resource Center 4621 NW 48<sup>th</sup> St. Lincoln, NE**

Federally subsidized housing for low-income families and the elderly. Non-subsidized housing also available.

## **MEDICATION ASSISTANCE**

**DRUG ASSISTANCE PROGRAMS** - Many pharmaceutical companies offer patient assistance programs to provide prescription medicines free of charge to physicians whose patients might not otherwise have access to necessary medicines. Each company determines the eligibility criteria for its program. Eligibility criteria and application process varies. Criteria are based on the patient's insurance status and/or income level; some may also have residency requirements.

[www.needymeds.com](http://www.needymeds.com)

[www.rxassist.org](http://www.rxassist.org)

[www.prescriptionassistance360.org](http://www.prescriptionassistance360.org)

[www.pharma.org](http://www.pharma.org) or 1-800-762-4636

**ANSWERS 4 FAMILIES** – [www.Answers4families.org](http://www.Answers4families.org) – AskRx is a service of the Nebraska Pharmacist Association. You may ask questions about drugs or drug interactions and receive a personal e-mail reply from a pharmacist. Click on eldercare, then click on the AskRx icon.

**Eli Lilly** – [www.LillyAnswers.com](http://www.LillyAnswers.com) or 1-855-559-8783 - Eli Lilly, one of the largest pharmaceutical companies in the world, has a variety of patient assistance programs. If you are uninsured or underinsured and would like more information, visit the website.

**LANCASTER COUNTY MEDICAL SOCIETY—4600 Valley Road Suite 25, Lincoln, NE 68510.**  
**PH: 402/483.4800**

Provides medication assistance through a national pharmaceutical company. Not all meds covered and will not qualify if person has ANY drug assistance coverage. Income maximums are: \$16,000/yr for single or \$24,000/yr as family. A one-time medication refill will be provided at no cost.

**MEDICARE RIGHTS CENTER (MRC)** – <http://www.medicarerights.org/> **PH: 800-333-4114.**

The Medicare Rights Center is a not-for-profit organization dedicated to ensuring that older adults and people with disabilities get good, affordable health care. Medicare offers no prescription drug coverage. The MCR has put together a resource list of discount drug programs that could help save on prescription costs.

**PEOPLE CITY MISSION** – 401 N. 2<sup>nd</sup> Street, Lincoln, NE. **PH: 402-817-0980**

<http://www.peoplescitymission.org/index.php/free-clinic>

Has a medical clinic. Call for further information regarding available hours. Prescription assistance is provided to those patients who qualify. We can also assist you in receiving medications long term from pharmaceutical companies.

## **MENTAL HEALTH SERVICES**

**AFFINITY COMMUNITY COUNSELING** – 5701 Thompson Creek Blvd Ste. 200, Lincoln, NE

**PH: 402-325-8555** <http://www.affinitycommunitycounseling.com/Home.html>

Mental health consultation, provision of support services, individual, family and group therapy. Family concerns, anxiety, anger, depression, school related issues, behavioral concerns, self-esteem, parenting skills, relationship issues, drug and alcohol dependence and developmental disabilities.

**ASSOCIATES IN COUNSELING AND TREATMENT** – 2111 S. 38<sup>th</sup> St. Lincoln, NE **PH: 402-**

**261-6667** [ACT@neb.rr.com](mailto:ACT@neb.rr.com) <http://www.actnebraska.com/index.htm>

Individual mental health counseling for adults and adolescents, marriage, family counseling, anger management, domestic violence, and co-occurring substance abuse. All services are on a sliding scale fee available for those who qualify. Call for appointment. Medicaid not accepted, insurance accepted.

**BETTER LIVING COUNSELING SERVICES INC. – 7100 S. 29<sup>th</sup> St. Ste. B Lincoln, NE. PH: 402-476-0104 [www.betterlivingcounseling.com](http://www.betterlivingcounseling.com)**

Offering services in family support, supervised visitation and in-home safety.

**BRYAN LGH MEDICAL CENTER WEST – 2300 S. 16<sup>th</sup> St. Lincoln, NE PH: 402-481-5991 <http://www.bryanhealth.com/>**

Outpatient, inpatient, partial hospitalization, and therapy groups. Emergency mental health care available. Medicaid accepted.

**CATHOLIC SOCIAL SERVICES COUNSELING CENTER – 2214 O St. Lincoln, NE PH: 402-474-1600.**

Individual counseling, family, pregnancy counseling. Sliding scale fee.

**CHILD GUIDANCE CENTER – 2444 O St., Lincoln, NE. 68510. PH: 402-475-7666 [www.child-guidance.org](http://www.child-guidance.org)**

Outpatient mental health clinic for children, adolescents, and families. Groups available for incest/sexual abuse. Residential adolescent program for qualified 12-18 year olds. Sliding scale fee, Medicaid and insurance accepted. Call for appointment.

**COMMUNITY MENTAL HEALTH CENTER OF LANCASTER COUNTY – 2201 S 17<sup>th</sup> Lincoln, NE. PH: 402-441-7940 Fax: 402-441-8625.**

Provides outpatient and inpatient mental health services, educational and vocational assistance, AIDS testing, 24-hour emergency services. Sliding scale fee. Midtown Center: Day Rehabilitation program for people challenged by the symptoms of a severe mental illness 402-441-8150

**FAMILY SERVICE COUNSELING – 501 S. 7<sup>TH</sup> Lincoln, NE. PH: 402-441-7929 [www.familyservicelincoln.org/index.php](http://www.familyservicelincoln.org/index.php)**

Offers an array of prevention and intervention programs designed to support and strengthen the healthy development of all family members.

**LUTHERAN FAMILY SERVICES – 2900 O St. (Triple A Building), Lincoln, NE. PH: 402-435-2909 Fax: 402-435-2949 <http://www.lfsneb.org/>**

Provides Behavioral Health Services that focus on the needs of those who have experienced trauma, including outpatient mental health treatment, substance abuse/addictions treatment, 24/7 urgent care and emergency and community support services; also treatment and therapeutic support for active military, veterans and their families.

**MIDWEST INSTITUTE FOR FAMILIES AND YOUTH - 3901 Normal Blvd. Ste. 201 Lincoln, NE. PH: 402-434-2550**

Counseling services including individual and group counseling; substance abuse counseling and sex offender counseling.

**NEBRASKA MENTAL HEALTH CENTER – 4545 S. 86<sup>th</sup> Lincoln, NE PH: 402-483-6990 <http://www.nmhc-clinics.com/>**

Mental health and substance abuse programming for children, adolescents, adults and families. Domestic violence and anger management programs. Offering outpatient, group, intensive outpatient.

**OMNI BEHAVIORAL HEALTH – 2300 s. 13<sup>TH</sup> St., Lincoln, NE PH: 402-474-3322 <http://www.omnibehavioralhealth.com/>**

Outpatient treatment for children and adults, specializing in home based therapy. Community treatment aide services. Sliding scale fee and Medicaid accepted.

**ORIGINS BEHAVIORAL HEALTH – 5801 S 58<sup>th</sup> Suite C Lincoln, NE PH: 402-489-9990.**

**<http://www.originsbehavioralhealth.com/>**

Specialize in substance related disorders, mental health and EMDR treatment. Also provide substance abuse evaluations, individual and group therapy, alcohol and drug education classes, motivational interviewing, aftercare and intervention services. Private insurance, Medicaid, and self-pay.

**UNIVERSITY OF NEBRASKA – LINCOLN FAMILY RESOURCE CENTER (East Campus Loop and 35<sup>th</sup> St.) Lincoln, NE PH: 402-472-5035. <http://cehs.unl.edu/cyaf/outreach/frc.shtml>**  
Marriage, family, individual and daily counseling. Sliding scale fee. Financial management and nutrition counseling also provided.

**UNIVERSITY OF NEBRASKA (LINCOLN) COUNSELING AND SCHOOL PSYCHOLOGY - Psychological Consultation Center – 325 Burnett Hall Lincoln, NE. PH: 402-472-2351**

**[www.psychology.unl.edu/pcc/home](http://www.psychology.unl.edu/pcc/home)**

Assessment and therapy for psychological problems to individuals, couples and families. Intakes are \$10 and therapy sessions are \$25 per session. A fee reduction application, based on household income, number of dependents, and federal poverty level is available. Forms of payment that are accepted are cash and check. Credit and debit cards are not accepted.

**VETERAN’S OUTREACH CENTER – 3119 O St. Lincoln, NE PH: 402-476-9736** Referral and counseling services for Vietnam era veterans and families. Free services.

### **RESIDENTIAL TREATMENT SERVICES**

**CENTER POINTE (Full Circle) – 1000 S. 13<sup>th</sup> St Lincoln, NE. PH: 402-475-8718. Adult residential: 402-475-7315.**

Offers inpatient and outpatient treatment for dual diagnosed persons for drug and alcohol abuse. Day Treatment and Day Rehabilitation programs for dual disordered adults also offered. A mental health diagnosis is required. Offers inpatient and outpatient treatment for drug and alcohol abuse for residential programs.

**INDEPENDENCE CENTER (Bryan/LGH Hospital) – 1650 Lake St. Lincoln, NE PH: 402-481-5268 <http://www.bryanhealth.com/AboutUs>**

The Independence Center specializes in addressing issues of alcohol and/or drug abuse. The Independence Center offers the following services: Detox, Inpatient, Short-term Residential (STR), Day Treatment/Partial Care (PC), Intensive Outpatient (IOP), and Outpatient (OP). The Bryan Independence Center requires a down payment for those individuals seeking treatment who do not have insurance.

**TOUCHSTONE – 2633 P St. Lincoln, NE. PH: 402-474-4343 [info@str-touchstone.org](mailto:info@str-touchstone.org)**

**<http://touchstonenebraska.org/>**

Provides a comprehensive short-term residential treatment program promoting recovery, wellness and productive lifestyles changes.

### **SEX OFFENDERS COUNSELING AND PROGRAMS**

**DR. STEVE BLUM (Private Counseling) Long Professional Center 4535 Normal Blvd. Suite 212 Lincoln, NE PH: 402-441-9292. <http://www.stevenblum.net/>**

Provide counseling for sexual offenders and sexual deviance, individual counseling.

**KATY HILGENKAMP, MA, LMHP, CPC – Sex Offender Counseling -7341 Otoe St. Lincoln, Nebraska PH: 402-890-2550.**

Provide out patient adult sex offender counseling. Offering group and individual sessions using a victim/advocacy cognitive behavioral approach. The offender is expected to complete written assignments and attend both individual and group therapy. The program can be expected to take a minimum of two years to complete. Marital, family, and victim therapy are also available to the families of the offenders. Fees: \$30 (group), \$60 (individual/family). Insurance and Medicaid accepted.

**MENTAL HEALTH ASSOCIATES – 610 J St. Suite 320 Lincoln, Nebraska PH: 402-435-1313**

Provide sex offender counseling on sliding scale fee with flexible hours.

**DR. MARY PAINE – (Private Counseling) 2201 S. 17<sup>th</sup> St., Lincoln, NE PH: 402-441-7940**

Counseling for sexual offenders and general counseling.

**S.T.O.P PROGRAM (Sexual Trauma/Offense Prevention) – 2201 S 17th Lincoln, Nebraska PH: 402-441-7940 <http://lancaster.ne.gov/mental/outpat.htm>**

Designed to promote community safety by providing sex offender specific therapy to individuals with a history of sexually assaultive behavior.

**CHILD GUIDANCE CENTER – 2444 O ST. Lincoln, NE PH: 402-475-7666 <http://www.child-guidance.org/treatment.html>**

A sex offender relapse prevention program. Offers adolescent sex offender counseling ages 12-18 yrs. Also a residential adolescent program for 12 to 18 yrs.

### **SPECIALIZED RESOURCES FOR WOMEN, MINORITY, AND DISABLED**

**FRIENDSHIP HOME – P.O. Box 85358 Lincoln, NE PH: 402-434-6353**

**<http://www.friendshiphome.org/>**

Provides shelter for women and their children who are of domestic violence and sexual assault.

**NAF – MULTICULTURAL HUMAN DEVELOPMENT CORPORATION – 300 N. 27th SUITE A, LINCOLN, NE. PH: 402-434-2821.**

Provides classes to learn English as a second language, GED certification, financial assistance for college tuition, on the job training, job seeking skills and job placement. This is mostly for farm worker and Spanish speaking individuals. Administrative Office located in North Platte, NE. Regional Offices located in Columbus NE, Omaha NE, Gering NE, Grand Island NE. and South Sioux City, NE. Also provide emergency services as food, gas, and help with rent.

**VOICES OF HOPE – 2545 N St. Lincoln, NE. PH: 402-476-2110. Crisis lines: 402-475-7273.**

**[voicesofhopelincn.org](http://voicesofhopelincn.org)**

Provides 24-hour advocacy and shelter for sexual assault and domestic violence victims and assistance with protection order applications. Short term services. Free of charge.

**SAINT MONICA HOME – 120 Wedgewood Dr. Lincoln, NE PH: 402-441-3768.**

Residential/ outpatient rehabilitation for women over 19 years. Must be referred after primary treatment. Sliding scale fee. Project mother and child program, project strong families, intensive outpatient, outpatient mental health and substance abuse counseling.

### **AGING PARTNERS**

**CARE MANAGEMENT SERVICES (FOR OLDER ADULTS)** – Solutions to some of the problems that face today’s older adults. Cost-free, confidential information regarding all aging services.

**HEALTH AND FITNESS CENTER – 233 S. 10<sup>th</sup> St. Lincoln, NE PH: 402-441-7575**  
Open Monday-Friday, 8am – 4pm. Certified personal trainers available on Tuesday and Thursday by appointment. The suggested contribution is \$10/month for those over 60 and \$15/month for those under 60

**LINCOLN AREA AGENCY ON AGING – 1005 O St. Suite 300, Lincoln, NE PH: 402-441-7575, 800-247-0938 <http://lincoln.ne.gov/city/mayor/aging/>**

The listing below covers areas throughout the state in Nebraska:

**EASTERN NEBRASKA OFFICE ON AGING – 4223 Center Street, Omaha, NE. PH: 402-444-6536, 888-554-2711 <http://www.enoa.org/>**

**AGING OFFICE OF WESTERN NEBRASKA – (Bluffs Business Center) 1517 Broadway, Ste. 122, Scottsbluff, NE PH: 308-635-0851, 800-682-5140. <http://www.aown.org/>**

**BLUE RIVERS AREA AGENCY ON AGING – 1901 Court, Beatrice, NE PH: 402-223-1376, 888-317-9417 <http://www.braaa.org/>**

**MIDLAND AREA AGENCY ON AGING – 2727 W 2<sup>ND</sup> ST. Ste. #440, Hastings, NE PH: 402-463-4565, 800-955-9714 <http://www.midlandareaagencyonaging.org/index.html>**

**NORTHEAST NEBRASKA AREA AGENCY ON AGING – 119 W. Norfolk Ave, Norfolk, NE PH: 402-370-3454, 800-672-8368 <http://www.nenaaa.com/index.php>**

**SOUTH CENTRAL NEBRASKA AREA AGENCY ON AGING – 4623 2<sup>nd</sup> Ave. #2 Kearney, NE PH: 308-234-1851, 800-658-4320 <http://www.agingkearney.org/>**

**WEST CENTRAL NEBRASKA AREA AGENCY ON AGING – 115 N. Vine St. North Platte, NE PH: 308-535-8195, 800-662-2961 <http://www.wcnaaa.com/>**

**THE HARVEST PROJECT – PH: 402-441-7070**

Offers the services of an experienced multi-disciplinary outreach team. The team is comprised of three professional case managers who specialize in aging, mental health, and substance abuse concerns. Services are cost free, confidential and include identification and screening, crisis intervention, professional consultation assessment, etc., Referrals listed below.

**LIFE – (Lincoln Information for the Elderly) – LIFE (LINCOLN INFORMATION FOR ELDERLY) PH: 402-441-7070**

Free, confidential information regarding all aging services. Personal assistance, advice, and advocacy with any aging-related problems or concerns. LIFE is a division of Aging Partners.

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**STATEWIDE SUPPORT GROUPS:**

**SUPPORT GROUPS:** AA, ALANON, AND ADULT CHILDREN OF ALCOHOLICS, CA, EA,GA,NA,OA, SLAA, DOMESTIC VIOLENCE AND SEXUAL TRAUMA, HIV POSITIVE

GROUPS. (See your local telephone listings for meetings and locations). Website: <http://lincaa.org/wp-content/uploads/2011/11/lincaa-meeting-list-2011-12.pdf>.

Alcoholics Anonymous (AA) – search for meetings by town, district, date, etc. <http://area41.org/>

Narcotics Anonymous (NA) – For meetings in the State of Nebraska, access this website and search for meetings in Nebraska and throughout the United states (including Lincoln). Website: <http://portalools.na.org.portalools/Meetingloc/>

<http://easten-nebraska-na.org/>

Cocaine Anonymous: <http://www.canebraska.org/>

**BRIDGING THE GAP** – A temporary contact program designed to help the alcoholic in an alcoholism treatment program make that transition. Contact your local AA and ask for Bridging the Gap.

### **HEALTH DEPARTMENTS CITY, COUNTY AND DISTRICT**

#### **Lincoln-Lancaster County Health Department**

3140 N St. Lincoln, NE **PH:** 402-441-8000 Fax: 402-441-6229 [health@lincoln.ne.gov](mailto:health@lincoln.ne.gov)  
<http://www.lincoln.ne.gov/city/health/>

#### **Four Corners Health Department (Regional)**

2101 N. Lincoln Ave. York, NE **PH:** 402-362-2621 or 1-877-337-3573 <http://www.fourcorners.ne.gov/>  
(Butler, Polk, Seward, and York counties)

#### **Public Health Solutions**

995 East Highway 33 Ste. #1 Crete, NE **PH:** 402-826-3880 or 888-310-0565 Email: [tsutterphs@neb.rr.com](mailto:tsutterphs@neb.rr.com) (Fillmore, Gage, Jefferson, Saline, and Thayer counties)  
<http://www.phsneb.org/>

#### **Sarpy/Cass Department of Health and Wellness**

701 Olsen Dr. Suite #101 Papillion, NE **PH:** 402-339-4334 or 800-645-0134 (Cass and Sarpy counties)  
[www.sarpycasshealthdepartment.org](http://www.sarpycasshealthdepartment.org)

#### **Southeast District Health Department**

2511 Schneider Ave. Auburn, NE **PH:** 402-274-3993 (Johnson, Nemaha, Otoe, Pawnee, and Richardson counties)

**Grand Island and Vicinity Area Crisis Line (24-hour)**

**Fire, Medical Emergency or Police ... 911**

**Crisis Center.....308-381-0555**

**American Red Cross.....800-733-2767**

**Child/Adult–Abuse/Neglect Hotline.....308-385-6123**

**Mid-Plains Center.....308-385-5250**

**The Poison Center.....1-800-222-1222**

**State Patrol Grand Island.....308-385-6000**

**State Patrol Holdrege.....308-995-8257**

**Emergency Highway Help...1-800-525-5555**

**Road Conditions ...1-800-908-9069**

## **ALCOHOL/DRUG/GAMBLING PROGRAMS**

### **ALCOHOL DRUG TREATMENT REFERRALS NATIONAL 24-HOUR HELP AND REFERRAL NETWORK 1-800-995-DRUG.**

**THE BRIDGE – 907 S. Kansas Ave., Hastings, NE PH: 402-462-4677**  
**www.thebridgehastings.com**

The Bridge has offered long-term residential treatment services for women in a therapeutic, transitional setting. We are a gender competent facility located in a residential area of Hastings, Nebraska. Daily living in a family atmosphere helps individuals develop a sense of normalcy and community in a non-threatening environment that is alcohol and chemical-free.

**BLUE VALLEY BEHAVIORAL HEALTH – 722 S. Lincoln Ave. #1, York, NE PH: 402-362-6128.** (see additional listings for your surrounding area on page 4 of this directory.)  
Offers chemical dependency counseling, intensive substance abuse program.

**HASTINGS AREA COUNCIL ON ALCOHOLISM – 835 S. Burlington, Hastings, NE PH: 402-463-0542.**  
Offers prevention, public information and education services.

**HORIZON RECOVERY CENTER – 835 S. Burlington. Hastings, NE PH: 402-462-2066**  
**http://reviveinc.org/**

Drug and alcohol rehab programs at Horizon Recovery and Counseling Center have been designed to offer comprehensive addiction treatment in a variety of forms to meet the spiritual, physical, and psychological needs of each individual.

There are two distinct 12-Step drug and alcohol addiction treatment programs offered by Horizon Recovery and Counseling Center: Christian and Traditional. Christian based rehab programs present a Christ-centered, biblical approach to recovery.

**MID-PLAINS CENTERS – Offers individual, martial group and family counseling for chemical abuse.**

Broken Bow Office  
255 S. 10<sup>th</sup> Ave.  
Broken Bow, NE 68822  
**PH: 308-872-2123**

Ord Office  
100 N. 15<sup>th</sup> Street  
Ord, NE 68862  
**PH: 308-728-9979**

Grand Island Office  
914 Baumann Drive  
Grand Island, NE 68801  
**PH: 308-385-5250**

**MILNE DETOXIFICATION CENTER – 406 West Koenig St. Grand Island, NE PH: 308-382-9451**

Offers social detoxification for males and females.

**PRAIRIE INSTITUTE OF PSYCHOLOGY – 207 N. Pine St. Grand Island, NE PH: 308-382-8604. www.prairiecounseling.org**

Offers mental health, alcohol/drug counseling, education classes. Treatment approaches are highly individualized for the unique needs of each individual. A holistic approach encourages individuals to engage in self-care and educate themselves about their health.

**RICHARD YOUNG HOSPITAL – 1755 Prairie View Place Kearney, NE PH: 308-865-2000.**

Provide mental health programs, alcohol evaluation through St. Francis Alcohol and Drug Treatment.

**REGION III – A community based mental and substance abuse program. Program Regional Administration – 4009 6<sup>th</sup> Ave. Suite 65, Kearney, NE PH: 308-237-5113 <http://www.region3.net>**

Offers directory for mental health and substance abuse programs in Region III.

**SOUTH CENTRAL BEHAVIORAL SERVICES - Offers chemical dependency counseling, substance abuse program. <http://www.scbsne.com/>**

**Hasting Office**  
616 W. 5<sup>th</sup> St.  
Hasting, NE 68901  
**PH: 402-463-5684**

**Holdrege Office**  
701 4<sup>th</sup> Ave. Rm. 7  
Holdrege, NE 68948  
**PH: 308-995-6597**

**Kearney Office**  
3810 Central Avenue  
Kearney, NE 68848  
**PH: 308-237-5951**

**ST. FRANCIS ALCOHOL AND DRUG TREATMENT CENTERS**

Offers full services for alcohol and drug abuse, alcohol evaluations and alcohol education classes. For the inpatient program an evaluation must be completed within 90 days prior to intake.

**Grand Island Area**  
2116 Faidley Avenue  
Grand Island, NE 68801  
**PH: 308-398-5427**

**Kearney Area (satellite office)**  
3700 Avenue A  
Kearney, NE  
**PH: 308- 865-2338**

**VETERANS HOSPITAL (Alcohol Program) – 2201 North Broadwell Ave, Grand Island, NE PH: 308-382-3660.**

In-patient treatment and counseling for chemical abuse for veterans.

**COMMUNITY CENTERS/EMERGENCY SERVICES**

**CENTRAL NEBRASKA COMMUNITY SERVICES PROGRAM – 103 W Lincoln Hwy. Grand Island, NE. 68801 PH: 308-385-5500. Broken Bow PH: 308-872-6013; Central City PH: 308-946-3794. Kearney 1404 E 39<sup>th</sup> Street Kearney NE PH: 308-236-5688**

Provides referrals for local assistance for individuals and family problems.

**DOMESTIC VIOLENCE CENTER THE S.A.F.E. CENTER – 3710 Central Ave Suite 10 Kearney NE PH: 308-237-2599 Línea de Crisis en Español: 1.877.215.0167**  
24 Hour on-call services, Free Professional Counseling, Emergency shelter, Support Group, Liaison with community agencies, Information Concerning Legal Alternatives, Public Education programs for community groups, Protection order Advocacy, Supportive Atmosphere, Information & Referrals for: Counseling, Housing, Legal Alternatives, Emergency Assistance, and much more!

**HOPE HARBOR – 610 W. Division, Grand Island, NE 68801 PH: 308-385-5190**  
[www.hopehardorgi.org](http://www.hopehardorgi.org)  
Offers shelter for women/married couples/children.

**HORIZON RECOVERY INC – (Unity House) located in the Hasting area. 835 S. Burlington Ave. PH: 402-462-2066. [www.horizonrecoveryinc.com](http://www.horizonrecoveryinc.com)**  
Transitional living facilities for recovering alcohol and drug rehab. Interested parties need to contact Horizon Recovery as locations are not published.

**LUTHERAN FAMILY SERVICES OF NEBRASKA AT EASE – Great Western Bank Building 1811 West 2<sup>nd</sup> Street, Suite 300 Grand Island NE 68803 PH: 308-382-4255 Fax: 308-382-8149 [AtEaseGrandIsland@LFSneb.org](mailto:AtEaseGrandIsland@LFSneb.org)**  
Trauma treatment and therapeutic support for active military, veterans and their loved ones. Serving Adams, Blaine, Buffalo, Clay, Custer, Franklin, Furnas, Garfield, Greeley, Hall, Hamilton, Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Valley, Sherman, Webster and Wheeler Counties.

**MIDLAND AREA AGENCY SENIOR CENTER – CENTRAL CITY, NE 68826. PH: 308-945-3779.**

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES – 116 S. Pine, Grand Island NE. 68801 PH: 308-385-6100. Hastings, NE area: PH: 402-462-1800.**  
Provides financial assistance, food stamps, and parenting classes.

**RISE – (Rural Improvement for Schooling and Employment) State Probation Program 1806 2<sup>nd</sup> Ave. Kearney, NE - PH: 308-236-1240**

**SALVATION ARMY – 818 West 3<sup>rd</sup> St. Grand Island, NE. 68801 PH: 308-382-4855.**  
Provides food pantry, emergency shelter and clothing.

**SENIOR CENTERS – Grand Island, NE. 68801 PH: 308-385-5308.**

**VETERANS ADMINISTRATION - Grand Island, NE. 68801 PH: 1-800-827-1000. Broken Bow –PH: 308-872-2071/ Grand Island, NE. PH: 308-382-3660.**

**VOCATIONAL REHABILITATION: 203 E Stolley Park Rd, GRAND ISLAND, NE, 68803. 315 W. 60<sup>th</sup> St. #400, Kearney NE 68845. PH: 308-865-5343. PH: 308-685-6200**

Representative can assist with education, resume building, job search and training for finding and retaining employment. The client must have a physical disability, a mental health or substance diagnosis, or any combination of the three.

**WESTERN ALTERNATIVE CONNECTIONS INC. – 101 S. Hastings St. Hastings, NE. 68901 PH: 402-462-2001.**

Provides reporting center, collects urine specimens and provide counseling.

### **EDUCATION ASSISTANCE**

**CENTRAL COMMUNITY COLLEGE –**

Highway 34  
Hastings, NE 68901  
PH: 402-463-9811

3134 W. Hwy. 34  
Grand Island, NE 68801  
PH: 308-398-4222

**CENTRAL NEBRASKA COMMUNITY SERVICES PROGRAM - 103 West Lincoln St. Grand Island, NE. 68801 PH: 308-385-5500.**

Provides educational programs and referrals for local assistance for individuals and family problems.

**CENTRAL NEBRASKA COUNCIL ON ALCOHOLISM – 219 W. 2<sup>ND</sup> STREET, GRAND ISLAND, NE 68801. PH: 308-385-5520.**

Offers prevention, public information and alcohol, drug education classes. Tobacco cessation classes.

**KEARNEY DAY REPORTING CENTER – 2022 A Ave Kearney NE 68847 PH: 308-236-1240**

Offers GED Services

**HASTINGS AREA COUNCIL ON ALCOHOLISM – 835 S. Burlington, Hastings, NE. 68901 PH: 402-463-0524.**

Offers prevention, public information and education services.

### **EMPLOYMENT ASSISTANCE**

**GOOD WILL INDUSTRIES - 1804 S. Eddy St. Grand Island, NE. 68801 - PH: 308-384-7896.**

Provides job assistance on a limited basis.

**NAF (Multicultural Human Development Corporation) – 1306 W. 3<sup>rd</sup> St. Grand Island, NE. PH: 308-385-5021. Administrative Office located in North Platte, NE.; Regional Offices located in Columbus, NE; Omaha, NE; Lincoln, NE; Gering, NE; South Sioux City, NE.**

Offers classes to learn English as a second language, GED certification, financial assistance for college tuition, on the job training, job seeking skills and help with job placement.

**WORKFORCE DEVELOPMENT - 724 West Koenig Grand Island, NE. 68801 PH: 308-385-6300. Hastings NE. 68901 PH: 402-462-1867.**

Provides assistance for securing jobs.

**UNEMPLOYMENT INSURANCE SERVICE - 724 W. Koenig St. Grand Island, NE. 68801 PH: 308-385-6316**

**VOCATIONAL REHABILITATION: 3335 WEST CAPITAL AVENUE, GRAND ISLAND, NE, 68803. 315 W. 60<sup>th</sup> St. #400, Kearney NE 68845. PH: 308-865-5343.**

Representative can assist with education, resume building, job search and training for finding and retaining employment. The client must have a physical disability, a mental health or substance diagnosis, or any combination of the three.

### **COMMUNITY SERVICE LOCATIONS**

1. GOODWILL
2. NEBRASKA GAME AND PARKS RECREATION
3. SALVATION ARMY
4. LOCAL ANTIQUE CAR SHOW ROOM
5. HABITAT FOR HUMANITY
6. ANIMAL SHELTER
7. LOCAL CHURCH
8. JUBILEE CENTER / FOOD PANTRY / SERVING FOOD
9. CROSSROADS HOMELESS SHELTER
10. MID NEBRASKA COMMUNITY PARTNER ACTION GROUP
11. LOCAL PROVIDERS SPEAKING FOR GROUPS SHARING STORY
12. AA/NA CLUB HOUSE IN TOWN
13. ST FRANCIS DRUG AND ALCOHOL GRAND ISLAND
14. OXFORD HOUSE
15. S.A.F.E CENTER IN KEARNEY

### **FINANCIAL ASSISTANCE AND HEALTH CARE SERVICES**

**CENTRAL NEBRASKA COMMUNITY SERVICES PROGRAM - 103 West Lincoln St. Grand Island, NE. 68801 PH: 308-384-5799.**

Provides educational programs and referrals for local assistance for individuals and family problems.

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES – 116 South Pine, Grand Island NE. 68801 PH: 308-385-6100. Hastings, NE 68901- PH: 402-462-1800.**

Provides financial assistance, food stamps, and parenting classes.

**THIRD CITY COMMUNITY CLINIC – 1107 N. BROADWELL, SUITE A, GRAND ISLAND, NE 68801. PH: 308-398-5312**

Target Population: Low income individuals without health insurance or government assistance with health care. Fee: \$5.00 donation. Offers assistance to persons living in Hall, Howard and Hamilton counties.

**HOUSING ASSISTANCE AND HALFWAY HOUSING**

**DEBORAH’S LEGACY, INC. – Hastings, NE PH: 308-520-1489 [www.deborahslgacy.org](http://www.deborahslgacy.org)**

Legacy is a community for women faced with homelessness. The mission of Legacy is to provide a faith-based sanctuary along with an array of support services and educational opportunities for young women. Legacy's residential program provides long-term secure housing as a haven from the social, psychological and economic factors that drive women to desperate means for survival.

**FRIENDSHIP HOUSE – 406 West Koenig Grand Island, NE. 68801 PH: 308-382-0422.**

Residential halfway house for adult males who have completed treatment for chemical abuse. Also have AA/NA meetings.

**HOPE HARBOR – 610 W. Division, Grand Island, NE 68801 PH: 308-385-5190**

Offers shelter for women/married couples/children.

**HORIZON RECOVERY – (Unity Houses) located in the Hasting area. PH: 402-462-2066.**

A transitional living facilities for recovering alcohol and drug rehab. Interested parties need to contact Horizon Recovery as locations are not published. [www.horizonrecoveryinc.com](http://www.horizonrecoveryinc.com)

**OXFORD HOUSE – 1910 WEST 9th, GRAND ISLAND, NE. 68801 PH: 308-675-0024.**

**Oxford House -803 W 9th Grand Island, NE 68801 PH: 308-675-1111. Kearney – (Harmon Park) 2806 Central Avenue, Kearney ,NE 68847 PH: 308-224-3500.**

A self sufficient halfway house for recovering alcoholics and drug abuse.

**SALVTION ARMY – 818 W. 3<sup>RD</sup> ST. GRAND ISLAND, NE 68801. PH: 308-382-4855.**

Provides emergency shelter for the homeless.

**THE BRIDGE, INC. – 907 S. Kansas Avenue, HASTINGS, NE 68901. PH: 402-462-4677.**

**[www.thehastingbridge.com](http://www.thehastingbridge.com)**

A residential treatment program for women and intensive substance abuse program for women.

**MENTAL HEALTH AND SPECIALIZED RESOURCES FOR WOMEN,  
MINORITIES, DISABLED AND AGING**

**THE BRIDGE – 907 S. Kansas Ave., Hastings, NE. 68901 PH: 402-462-4677. Residential program for women. [www.thehastingbridge.com](http://www.thehastingbridge.com)**

Offers a residential treatment program for women and intensive substance abuse program for women.

**BLUE VALLEY BEHAVIORAL HEALTH – 722 S. Lincoln Avenue #1, York, NE 68467 Contact: PH: 402-362-6128. [www.bvbh.net](http://www.bvbh.net)**

Offers chemical dependency counseling.

**CENTER FOR PSYCHOLOGICAL SERVICES – 4111 4<sup>th</sup> Ave #32, Kearney NE 68845. PH: 308-234-6029.**

Provides mental health services.

**CENTRAL NEBRASKA GOODWILL INDUSTRIES – 1804 S. Eddy St. Grand Island, NE 68801 PH: 308-384-7896.**

**DEVELOPMENTAL DISABILITIES/ SERVICES COORDINATION – Grand Island, NE. 68801 PH: 308-385-6224.**

**HOPE HARBOR – 610 W. Division, Grand Island, NE 68801 PH: 308-385-5190**

Offers shelter for women/married couples/children.

**LUTHERAN FAMILY SERVICES – 2121 N. Webb Rd. Grand Island, NE. 68801 PH: 308-382-0476.**

Offers individual, marital group and family counseling plus education classes for chemical abuse and parenting skills.

**MARY LANNING HOSPITAL - 715 N St. St. Joseph Ave. Hastings, NE. 68901 PH: 402-463-7711.**

Offers mental health counseling and programs.

**MID-NEBRASKA INDIVIDUAL SERVICES - 710 Kiowa Lane, Broken Bow, NE. 68822 PH: 308-872-6415 2536 N. Carleton Grand Island, NE. 68802 PH: 308-385-5775.**

**MID-PLAINS CENTER – Broken Bow NE. 68822 PH: 308-872-6705.**

**RICHARD YOUNG HOSPITAL – 4800 17<sup>th</sup> Ave. Kearney, NE. 68847 PH: 308-865-2238.**

Provide mental health programs, alcohol evaluation through St. Francis Alcohol and Drug Treatment.

**REGION III BEHAVIORAL COMMUNITY SERVICES – Based Mental Health and Substance Abuse Program- Program Regional Administration – 4009 6<sup>TH</sup> AVE. #65, Box 2555, Kearney, NE. 68847 PH: 308-237-5113.**

Offers mental health and substance abuse programs.

**SOUTH CENTRAL COMMUNITY MENTAL HEALTH CENTER – 616 West 5<sup>th</sup> St. Hastings, NE. 68901 PH: 402-463-5684. [scbs.ne.com](http://scbs.ne.com)**  
Offers mental health services.

**VETERANS MEDICAL CENTER –Grand Island, NE. 68801 PH: 308-382-3660.**

**SUPPORT GROUPS:** AA,NA,CA,GA,EA,DOMESTIC VIOLENCE, AND (see local telephone listings for meeting places, times and location.).

### **SEX OFFENDER PROGRAMMING**

**PRAIRE INSTITUTE OF PSYCHOLOGY – 205 S. CEDAR, Grand Island, NE 68801. PH: 308-382-8604.**

Offering sex offender counseling services, evaluations in office or where the individual is incarcerated, and group sessions.

**SANDRA KROEKER - P.O. BOX 684, Henderson, NE 68371. PH: 402-723-4883.**

Offering sex offender weekly group session in Kearney and individual sessions in Henderson. Parties should call the phone number listed for both areas.

**SOUTH CENTRAL COMMUNITY MENTAL HEALTH CENTER – 616 West 5<sup>th</sup> St. Hastings, NE. 68901 PH: 402-463-5684. [scbs.ne.com](http://scbs.ne.com)**

Offers mental health services and sex offender treatment.

### **HEALTH DEPARTMENTS CITY, COUNTY AND DISTRICT**

#### **Clay County Health Department**

Janis Johnson, Director  
209 West Fairfield  
Clay Center, NE 68933  
PH: (402) 762-3571  
Clay County/Clay Center

#### **York County Health Department**

York Hospital  
2222 10<sup>th</sup> Avenue  
York, NE 68467  
PH: (402) 362-1444

#### **Central District Health Department**

Teresa Anderson, Director  
1137 S. Locust St.  
Grand Island, NE 68801  
PH: (308) 385-5175

(Hall, Hamilton, and Merrick counties)

**Four Corners Health Department**

Vicki Duey, Director  
2101 N. Lincoln Ave.  
York, NE 68467

**PH:** (402) 362-2621

(Butler, Polk, Seward, and York counties)

**Loup Basin Public Health Department**

Charles (Chuck) Cone, Director  
934 I St. Box 995  
Burwell, NE 68823

**PH:** (308) 346-5795

(Blaine, Custer, Garfield, Greeley, Howard, Loup, Sherman, Valley, and Wheeler counties)

**North Central District Health Department**

Roger Wiese, Director  
422 E. Douglas St.  
O'Neill, NE 68763

**PH:** (402) 336-2406

(Antelope, Boyd, Brown, Cherry, Holt, Keya Paha, Knox, Pierce, and Rock counties)

**Public Health Solutions**

M Jane Ford Wittoff, Director  
995 East Highway 33  
Crete, NE 68333

**PH:** (402) 826-3880

(Fillmore, Gage, Jefferson, Saline, and Thayer counties)

**Sandhills District Health Department**

Rhonda Theiler, Director  
55 East River Road Box 784  
Ogallala, NE 69153

**PH:** (308) 284-6054

(Arthur, Deuel, Grant, Hooker, Keith, and Thomas counties)

**South Heartland District Health Department**

Michele Bever, Director  
606 N. Minnesota Suite 2  
Hastings, NE 68901

**PH:** (402) 462-6211

(Adams, Clay, Nuckolls, and Webster counties)

**Two Rivers Public Health Department**

Terry Krohn, Director

701 4<sup>th</sup> Avenue  
Holdrege, NE 68949  
**PH:** (308) 995-4778  
(Buffalo, Dawson, Franklin, Gosper, Harlan, Kearney, and Phelps counties)

**North Platte and Vicinity Area Crisis Line (24 hour)**

**Fire, Medical Emergencies, or Police .... 911**

**American Red Cross-Military Emergency ... 1-800-987-4272**

**Boystown National Hotline ... 1-800-448-3000**

**Child/Adult – Abuse/Neglect Hotline ... 1-800-652-1999**

**Domestic Violence & Sexual Assault Crisis Line ...**

**North Platte....308-534-3495**

**Ogallala.....308-284-6055**

**McCook.....308-345-5534**

**Emergency Highway Help ... 1-800-525-5555**

**HHSS Child/Adult Abuse Reporting Hotline...800-652-1999**

**Poison Center ... 1-800-222-1222**

## **ALCOHOL/DRUG/GAMBLING PROGRAMS**

**AURORA COUNSELING – P.O. BOX 2078, NORTH PLATTE, NE., 69101. PH: 308-532-2335.**

Offers substance abuse counseling services.

**HEARTLAND COUNSELING AND CONSULTING CLINICS – 110 North Bailey, North Platte, NE. 69103 PH: 308-534-6029.**

Offers individual and group counseling for drug and alcohol abuse as well as mental health counseling. These agencies also provide services for McCook (308-345-2770), Ogallala (308-284-6767), Imperial (308-882-4203), and Lexington, (308-324-6754) in Nebraska.

**CORA S. BERRY, PC – 812 w. 13<sup>TH</sup>, McCook, NE 69001. PH: 308-340-1429.**

Offers substance abuse counseling services.

**COUNSELING CENTER – 425 NORTH OAK STREET, NORTH PLATTE, NE 69101. PH: 308-532-8300. Offices also located in Lexington (308-324-1842) and McCook (308-345-5592).**

Offers intensive outpatient program, after-care group, relapse prevention and SAP evaluations. They are also the local provider for the Continuous Alcohol Monitoring program (CAM).

**COUNSELING PROFESSIONALS – PO BOX 918 LEXINGTON, NE 68850. PH: 308-324-3785.**

Offers substance abuse counseling services.

**FOUR ROADS /TWO BRIDGES COUNSELING – 513 N. GRANT, LEXINGTON. NE. 68850. PH: 308-324-0222.**

Offers substance abuse counseling services. Also offers Spanish speaking therapist.

**LUTHERAN FAMILY SERVICES – 120 East 12<sup>th</sup> St. North Platte, NE. 69101 PH: 308-532-0587. Satellite Offices: McCook ( 308-345-7914; Lexington 308-324-6995.**

Provides a variety of individual, group and family counseling for drug, alcohol abuse and mental health, including intensive outpatient treatment covering a variety of issues which ranges between 60 and 68 hours of direct services. Sliding scale fee.

**NEW BEGINNINGS THERAPY – 308 W 4<sup>th</sup> STREET., NORTH PLATTE, NE 69101. PH: 308-532-0777.**

Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

**OGALLALA COUNSELING PC – 103 E. 10, Ogallala, NE 69153. PH: 308-284-6519.**

Offers substance abuse counseling services.

**PANHANDLE MENTAL HEALTH CENTER –2246 JACKSON ST. SIDNEY, NE 69162 PH: 308-254-2649.**

Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

## **COMMUNITY CENTERS AND EMERGENCY SERVICES**

**CONNECTION HOMELESS SHELTER – 511 N Jeffers. North Platte, NE. PH: 308-532-5050.**

Resource offering food and shelter for the homeless.

**GRACE MINISTRIES – 114 EAST C ST. NORTH PLATTE, NE. 69101. PH: 308-532-1238.**

Food Pantry.

**HERSHEY BAPTIST CHURCH – 321 SUNSET DR. HERSHEY, NE. PH: 308-368-5582.**

Food Pantry.

**HOUSEHOLD GOODS & CLOTHING/FURNITURE – (SEE LISTING BELOW)**

Bargin Bin – 421 E. 3<sup>rd</sup>, North Platte, NE. PH: 308-534-9121.

Goodwill Industries – 102 William Ave. North Platte, NE. PH: 308-532-6221.

The Thrift Connection – 422 E. 6<sup>th</sup> St. North Platte, NE. PH: 308-534-7634.

The Thrift Center – 218 W. 4<sup>th</sup>, North Platte, NE. PH: 308-534-3514.

**SALVATION ARMY – 1300 W.10<sup>TH</sup> ST., NORTH PLATTE, NE 69101 PH: 308-532-0955.**

Offers food pantry and clothing.

## **EDUCATION AND EMPLOYMENT ASSISTANCE**

**CENTRAL COMMUNITY COLLEGE – 1501 PLUM CREEK PARKWA, LEXINGTON, NE 68850. PH: 308-324-8480.**

Academic College Services include GED instruction and testing for adults who wish to improve their education.

**MID PLAINS COMMUNITY COLLEGE (Adult Basic Education ) 1101 Halligan Dr. and 601 W State Farm Rd, North Platte, NE. 69101 PH: 308-535-3600 (Toll Free 800-658-4308. Other campuses at McCook 308-345-8100 and Ogallala 308-284-9830.**

Technical/Vocational College and Academic College. Services include GED instructions and testing for adults who wish to improve their education.

**SIDNEY CENTER (WESTERN NE COMMUNITY COLLEGE), 371 COLLEGE DR., SIDNEY, NE 69162. PH: 308-254-5450. TOLL FREE: 800-222-9682.**

Technical/Vocational College and Academic College. Services include GED instruction and testing for adults who wish to improve their education.

**WORK FORCE DEVELOPMENT – 306 E. 6<sup>TH</sup> ST. NORTH PLATTE, NE. 69101 PH: 308-535-8020; Lexington, NE. 68850 1308 North Adams PH: 308-324-2064; McCook, NE. 69001 212 E B PH: 308-345-8470; Sidney, NE. 69162 923 8<sup>th</sup> Avenue. PH: 308-254-6937.** Offers employment assistance and also provide testing and evaluation services for possible job placement.

**VOCATIONAL REHABILITATION – 200 South Silber St. North Platte, NE. 69101 PH: 308-535-8100.**

Provides assistance for educational and or training programs for parolees with physical and mental limitations. This office covers Southwestern NE.

### **FINANCIAL AND HOUSING ASSISTANCE**

**NE DEPARTMENT OF HEALTH AND HUMAN SERVICES SYSTEM - 200 S. Silber St. North Platte, NE. 69101 PH: 308-535-8200.**

Provides services for food stamps, childcare, aid to families with dependent children, and low-income assistance. (Satellite offices in Ogallala, Imperial, McCook and Lexington, NE.)

**CITY OF NORTH PLATTE HOUSING AUTHORITY – 900 Autumn Park Dr. North Platte, NE. 69101 PH: 308-534-4887.** Housing Authority also located in Cozad (308-784-3661, Curtis (308-367-4168), Eustis (308-486-5444, Gothenburg (308-537-7275, Indianola (308-364-2423, Oshkosh (308-772-3941).

Provides help for low- income families with rent if certain requirements are met.

**SOCIAL SECURITY OFFICE – 300 E. 3<sup>RD</sup>, NORTH PLATTE, NE 69101 PH: 308-532-9502. (TOLL FREE 800-772-12130.**

Provides help in starting the SSI process.

### **HEALTH CARE**

**VOCATIONAL REHABILITATION – 200 South Silber St. North Platte, NE. 69101 PH: 308-535-8100.**

Provides assistance for educational and or training programs for parolees with physical and mental limitations. This office covers Southwestern NE.

**NE DEPARTMENT OF HEALTH AND HUMAN SERVICES SYSTEM - 200 S. Silber St. North Platte, NE. 69101 PH: 308-535-8200. (Satellite offices in Ogallala, Imperial, McCook, Lexington, and Sidney, NE.)**

Provides services for food stamps, childcare, aid to families with dependent children, and low-income assistance.

**WOMEN'S HEALTH SERVICES – 1308 N. ADAMS, LEXINGTON, NE. 68850. PH: 308-324-6223.**

Provides medical assistance/counseling to women and children.

## **MENTAL HEALTH**

**AURORA COUNSELING SERVICES – 420 W. 4<sup>TH</sup> ST., NORTH PLATTE, NE 69101  
PH: 308-532-2335.**

Offers Mental Health and Substance Abuse counseling services.

**COUNSELING CENTER – 425 North Oak St., North Platte, NE., 69101. PH: 308-532-8300. Offices also located in Lexington (308-324-1842) and McCook (308-345-5592).**

Offers mental health and substance abuse counseling services.

**FOUR ROADS /TWO BRIDGES COUNSELING – 513 N. GRANT, LEXINGTON. NE. 68850. PH: 308-324-0222.**

Offers substance abuse counseling services. Also offers Spanish speaking therapist

**HEARTLAND COUNSELING AND CONSULTING CENTER – 110 North Bailey North Platte, NE. 69101 PH: 308-534-6029.**

Offers individual and group counseling for drug and alcohol abuse as well as mental health counseling. These agencies also provide services for McCook (308-345-2770), Ogallala (308-284-6767), Imperial (308-882-4203), and Lexington (308-324-6754), NE.

**LUTHERAN FAMILY SERVICES – 120 East 12<sup>th</sup> St. North Platte, NE. 69101 PH: 308-532-0587. Satellite Offices: McCook (308-345-7914), Lexington (308-324-6995) and Gothenburg (308-537-4306).**

Provides a variety of individual, group and family counseling for drug, alcohol abuse and mental health including intensive outpatient treatment covering a variety of issues which ranges between 60 and 68 hours of direct services. Sliding scale fee.

**NEW BEGINNINGS THERAPY – 308 W 4<sup>th</sup> St., NORTH PLATTE, NE 69101. PH: 308-532-0777.**

Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

**PANHANDLE MENTAL HEALTH CENTER – 2246 Jackson St., Sidney, NE., 69162. PH: 308-254-2649.**

Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

**SUPPORT GROUPS:** AA, NA, GA, CA (see local telephone listings for locations and meeting times.)

## **PANHANDLE PUBLIC HEALTH DISTRICT**

Kim Engel, Director  
808 Box Butte Avenue/Box 337  
Hemingford, NE 69348  
PH: 308-487-3600: Cell: 308-760-2415  
Fax: 308-487-3682  
Email: [engelk@bbc.net](mailto:engelk@bbc.net)  
Website: [www.pphd.org](http://www.pphd.org)

Banner County/Harrisburg, Box Butte County/ Alliance, Cheyenne County/Sidney, Dawes County/Chadron, Deuel County/Chappell, Garden County/Oskehosh, Kimball County/Kimball, Morrill County/Bridgeport, Sheridan County/Rushville, Sioux County/Harrison.

**SCOTTSBLUFF AND VICINITY 24-HOUR CRISIS LINES**

**For Fire, Medical Emergencies and Police ... 911**

**Federal Bureau of Investigation 1-308-532-5116**

**Wyoming Highway Patrol ... 1-800-442-9090**

**Nebraska State Patrol ... 308-632-1211**

**Emergency State Patrol ...1-800-525-5555**

**Poison Control Center... 308-630-1666**

**Spouse Abuse ... 436-HELP (4357)**

**Domestic Assault & Sexual Assault Program/ Family Violence & Sexual  
Assault**

**Toxic Chemical & Oil Spills (National Response Center) ... 1-800-424-8802**

## **ALCOHOL/DRUGS/MENTAL HEALTH/COUNSELING**

**Juanita Rodriguez , LADC - 1351 Broadway, Scottsbluff, NE WPCI Building 69361 – PH: (308) 632-7411**

Individual, group, couples alcohol/drug counseling. Sliding fee scale. **Authorized agent for CAM monitoring in the panhandle.**

**Maggi J. Fiske, M.A. Counseling Services – 229 N. Main Street, Gordon, NE 69343 - PH: 308-282-0274.**

Provide mental health and substance abuse services, mental health assessments, mental health counseling alcohol and drug evaluations, recommendations, referrals. Couples and family counseling, anger management counseling, court ordered DUI education, tobacco cessation.

**SOLUTIONS COUNSELING - 321 Flack Ave., Alliance, NE.**

Individual, group, couples alcohol/drug counseling and mental health services.

**{Psychiatric services with Christine Korell also available in Chadron, Hyannis and Scottsbluff.}**

Barb Shannon, LADC, LMHP  
(308) 762-6868  
(308) 760-7643 Cellular

Christine Korell, APRN  
(308) 762-2723  
(308) 760-2569 Cellular

**HUMAN SERVICES INC. - 419 W 25<sup>th</sup> St., Alliance, NE (308) 762-7177**

Short-term and intensive outpatient drug/alcohol treatment. Contact Glenda Day or Colleen Hood. Also provides transitional treatment and housing for those who have completed residential substance abuse programming. Must pay monthly rent and continue to participate in required on-site substance abuse programming.

**HUMAN SERVICES INC. DETOX - 15 W 16<sup>th</sup> St., Scottsbluff, NE – PH: (308) 635-7782**  
Detox center for alcohol and drug addicts for Human Services Inc., Alliance.

**CROSSROADS RESOURCES LLC. - 651 W 4<sup>th</sup> St., PO Box 1299, Chadron, NE 69337**  
**Joan Yekel, PLMHP, PCCDC – PH: (308) 432-3920 (308) 430-4610 Cell.**

Individual, family and group alcohol/drug and mental health and compulsive gambling counseling.

**PARTNERS IN BEHAVIORAL HEALTH - Medical Plaza North, 2 West 42<sup>nd</sup> St. Suite 3200, Scottsbluff, NE – PH: (308) 635-3888 or (308) 635-1591**

Family, couples and individual counseling and inpatient and outpatient medical treatment for stress, grief, depression, anxiety, eating disorders and substance abuse.

## **ALCOHOL/DRUGS/MENTAL HEALTH/COUNSELING**

**OPTIONS IN PSYCHOLOGY - 2622 Ave. C, Scottsbluff, NE 69361 – PH: (308) 632-8547**  
**<http://www.optionspsych.biz/>**

Marriage, family and individual counseling. Substance abuse, stress, grief and Depression.

**NORTHEAST PANHANDLE SUBSTANCE ABUSE CENTER (NEPSAC) - PO Box 428, Gordon, NE – PH: (308) 282-1101**

Works with Region 1 to provide in-patient and out-patient treatment and counseling for substance abuse. Contact Jane Morgan or Trina Janis. Includes Chadron.

**REGIONAL WEST MEDICAL CENTER - 4021 Ave. B., Scottsbluff, NE – PH: (308) 632-8402 [www.rwmc.net](http://www.rwmc.net)**

Provides alcohol and drug evaluations, intensive outpatient and aftercare for chemical abuse and mental health.

**REGIONAL WEST ADDICTION TREATMENT CENTER - 3700 Ave. B, Scottsbluff, NE – PH: (308) 630-1280**

Inpatient drug/alcohol treatment center.

**PANHANDLE MENTAL HEALTH CENTER - 4110 Ave. D, Scottsbluff, NE 69361 – PH: (308) 635-3171 [www.pmhc.net](http://www.pmhc.net)**

Provides services for job placement, social/recreational, crisis support, transportation, emergency shelter, housing and support, case management, meals, education, assistance obtaining benefits.

Satellite Offices:

Scottsbluff, NE. – 1620 Broadway ROFC, Scottsbluff, NE. (308) 632-1450

Alliance, NE. – 212 Box Butte Ave., Alliance, NE. (308) 762-2545

Chadron, NE. – 651 W 4<sup>th</sup> St., Chadron, NE. (308) 432-6106

Sidney, NE. – 2246 Jackson St., Sidney, NE. (308) 254-2649

**LUTHERAN FAMILY SERVICES - 1712 Ave. B, Scottsbluff, NE 69361 – PH: (308) 635-2535**

Provides alcohol and drug evaluations, intensive outpatient and aftercare for chemical abuse.

Satellite Offices:

Kimball, NE. – 501 S Webster St., Kimball, NE. (308) 635-2535

Alliance, NE. – 411 Black Hills Ave., Alliance, NE. (308) 762-5436

Sidney, NE. – 1013 10<sup>th</sup> Ave., Sidney, NE. (308) 254-4780

Chadron, NE. – 651 W 4<sup>th</sup> St., Chadron, NE. (308) 432-6904

**COMMUNITY ASSISTANCE CENTERS**

**ABC- OPPORTUNITY CENTER - 2027 10<sup>TH</sup> St. Gering, NE PH: (308) 633-3377**

Services include employment readiness, financial literacy (money smart), educational services, rent wise and basic computers.

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES -1600 10<sup>TH</sup> St., Gering, NE – PH: (308) 436-6500 [www.hhs.state.ne.us](http://www.hhs.state.ne.us)**

Provides services for food stamps, childcare, aid to dependent children, low-income energy assistance.

**REGION 1 OFFICE OF HUMAN DEVELOPMENT (BARGAIN BIN) - 1517 Ave. B, Scottsbluff, NE – PH: (308) 635-3755**

Sale of good used clothing and house wares. Fee: sale of prices of articles.

**PANHANDLE COMMUNITY SERVICES AND FOOD PANTRY - 3350 N 10<sup>th</sup> St., Gering, NE – PH: (308) 635-3089 [www.pcsvcs.org](http://www.pcsvcs.org)**

Provides emergency food pantry, child care services, head start, housing and child development. Also provides services under **Health Care**.

**WESTERN NEBRASKA LEGAL SERVICES - 9 E 15<sup>th</sup> St., Scottsbluff, NE – PH: (308) 632-4734**

Services include legal representation to those who are unable to obtain a lawyer or legal advice. No fee.

### **LAW ENFORCEMENT/EMERGENCY SERVICES**

**NEBRASKA STATE PATROL-Troop “E”**

**PH: (308) 632-1211 [www.nsp.state.ne.us](http://www.nsp.state.ne.us)**

**SCOTTSBLUFF POLICE DEPARTMENT**

**2525 Circle Dr., Scottsbluff, NE – PH: (308) 630-6261 [www.scottsbluff.org](http://www.scottsbluff.org)**

Provides emergency funds through the Salvation Army.

**GERING POLICE DEPARTMENT**

**1025 P St., Gering, NE – PH: (308) 436-5088 [www.gering.org](http://www.gering.org)**

Provides emergency funds through the Salvation Army.

**SCOTTS BLUFF COUNTY SHERIFF**

**1825 10<sup>th</sup> St., Gering, NE 69341 – PH: (308) 436-6666 [www.scottsbluffcounty.org](http://www.scottsbluffcounty.org)**

Provides emergency funds through the Salvation Army.

**SCOTTSBLUFF COUNTY COMMUNICATIONS CENTER**

**PH: (308) 436-5880 [www.scottsbluffcounty.org/911](http://www.scottsbluffcounty.org/911)**

Mitchell, Morrill, Lyman, Henry, Terrytown, Melbeta, McGrew

**MORRILL COUNTY COMMUNICATIONS CENTER:**

**PH: (308) 262-1411-Bayard, Bridgeport, Broadwater, Lisco**

**BOX BUTTE COUNTY LAW ENFORCEMENT CENTER:**

**PH: (308) 762-4955 [www.co.box-butte.ne.us/sheriff](http://www.co.box-butte.ne.us/sheriff)**

Alliance, Hemingford

**DAWES COUNTY LAW ENFORCEMENT CENTER:**

**PH: (308) 432-0510 [www.dawescountysheriff.com](http://www.dawescountysheriff.com)**

Chardon Crawford

**SHERIDAN COUNTY DISPATCH:**

**PH: (308) 327-2161 [www.sheridancounty.com/sheriff](http://www.sheridancounty.com/sheriff)**  
Gordon, Rushville, Hay Springs

**EDUCATION/EMPLOYMENT ASSISTANCE**

SEE ALSO THE ONE STOP UNDER COMMUNITY CENTERS

**ADULT BASIC EDUCATION/GED - WESTERN NEBRASKA COMMUNITY COLLEGE - 1601 E 27<sup>th</sup> St., Scottsbluff, NE – PH: (308) 635-3606 [www.wncc.net](http://www.wncc.net)**  
Offers education classes and testing for GED.

**WESTERN NEBRASKA COMMUNITY COLLEGE - 1601 E 27<sup>th</sup> St., Scottsbluff, NE – PH: (308) 635-6121 [www.wncc.net](http://www.wncc.net)**  
Services include junior college studies, counseling, career assessment, academic seminars, workshops and Associate Degree college classes.

**WESTERN NEBRASKA COMMUNITY COLLEGE - 1601 E 27<sup>th</sup> St., Scottsbluff, NE - PH: (308) 635-6121 [www.wncc.net](http://www.wncc.net)**  
Services include junior college studies, counseling, career assessment, academic seminars, workshops and Associate Degree college classes.

**ADVANCE SERVICES INC. - 515 w 27<sup>TH</sup> St., Scottsbluff, NE – PH: (308) 630-2328 <http://advanceservcies.com>**  
Offers job placement and work force assistance.

**VOCATIONAL REHABILITATION SERVICES - 1517 Broadway, Scottsbluff, NE – PH: (308) 632-1321 [www.vocrehab.state.ne.us](http://www.vocrehab.state.ne.us)**  
Provides employment counseling and training.

**NATIVE AMERICAN EMPLOYMENT SERVICES - 402 Overland, Scottsbluff, NE – PH: (308) 635-1554**  
Assist in attempting to make Native Americans more employable by providing job search skills, high school diploma. Pay up to half of the employee's salary.

**HEALTHCARE**

**SCOTTSBLUFF COUNTY HEALTH DEPARTMENT - 370 Ave. A, Scottsbluff, NE – PH: (308) 630-1430 [www.scottsbluffcounty.org/health](http://www.scottsbluffcounty.org/health)**  
Services include immunizations, school nursing, TB and AIDS testing, home visits, maternal and childcare.

**REGIONAL WEST MEDICAL CENTER - 4021 Ave. B, Scottsbluff, NE – PH: (308) 635-3711 [www.rwmc.net](http://www.rwmc.net)**

Full service community hospital.

**HORIZON WEST MEDICAL CENTER - 3911 Ave. B, Scottsbluff, NE - PH: (308) 630-2100 [www.horizonswestmed.com](http://www.horizonswestmed.com)**

Full service community medical center.

**MORRILL COUNTY MEDICAL - 1313 S St., Bridgeport, NE – PH: (308) 262-1616**

Full service community medical center.

**BOX BUTTE GENERAL HOSPITAL - 2101 Box Butte Ave., Alliance, NE – PH: (308) 762-6660 [www.bbgh.org](http://www.bbgh.org)**

Full service community medical center.

**CHADRON MEDICAL CLINIC - 300 Shelton St., Chadron, NE – PH: (308) 432-4441**

Full service medical clinic.

**CHADRON COMMUNITY HOSPITAL - 821 Morehead St., Chadron, NE – PH: (308) 432-5586 [www.chadronhospital.com](http://www.chadronhospital.com)**

Full service community hospital.

**HORIZON'S WEST URGENT CARE - 3011 Ave. B, Scottsbluff, NE – PH: (308) 632-2215**

Urgent medical care without an appointment. No insurance needed. Minor trauma, school and D.O.T. physicals, adult and child urgent care. Satellite Offices: Gering, NE – 1275 Sage St., Gering (308) 436-2101 Scottsbluff, NE – 3911 Ave. B, Scottsbluff (308) 630-2100 Medical Plaza South

## **HEALTHCARE**

**QUICK CARE - 3210 Ave. B, Scottsbluff, NE – PH: (308) 630-0800**

Urgent medical care without an appointment. No insurance needed. Minor trauma, school and D.O.T. physicals, adult and child urgent care.

**PANHANDLE COMMUNITY SERVICES - 3350 N 10<sup>th</sup> St., Gering, NE – PH: (308) 635-3089 [www.pcsvcs.org](http://www.pcsvcs.org)**

Community Health Center – (308) 632-2540

Dental Services – (308) 632-2279

Early Head start/Transitional Living – (308) 632-1500

Family Planning – (308) 632-2540

Provides medical and dental services to low-income families.

Satellite Office:

509 W 5<sup>th</sup> St., Kimball, NE (308) 235-3048

## **HOUSING ASSISTANCE**

### **HOUSING AUTHORITY OF SCOTTSBLUFF -**

89 A Woodley Park Rd., Gering, NE - **PH:** (308) 632-0473

300 S Potash #27, Alliance, NE 69301 (308) 762-5130 **{Box Butte County does not accept application unless you have been without incarceration/supervision for 18 months.}**

310 W 5<sup>th</sup>, Bridgeport, NE 69336 (308) 262-1690

740 Pine St., Chadron, NE 69337 (308) 432-3340

Assist low-income families with rent according to income.

**<http://scottsbluffhousing.com/>**

### **PANHANDLE COMMUNITY SERVICES - 3350 N 10<sup>th</sup> St., Gering, NE – **PH:** (308) 635-3089 [www.pcsvcs.org](http://www.pcsvcs.org)**

Provides assistance for low-income families with housing.

Satellite Office:

509 W 5<sup>th</sup> St., Kimball, NE (308) 235-3048

### **NE HEALTH AND HUMAN SERVICES - 1600 10<sup>th</sup> St., Gering, NE – **PH:** (308) 436-6500 [www.hhs.state.ne.us](http://www.hhs.state.ne.us)**

Provides assistance for low-income families with housing, day care, food pantry and medical care.

### **POTTER’S WHEEL MINISTRIES STEP PROGRAM - {Spiritual Training and Evangelical Program} P.O. Box 888, Scottsbluff, NE 69363 – **PH:** (308) 633-2888**

This is a Christian based organization assisting transitioning parolees. This is a five unit apartment complex with a day room. Includes laundry facilities and library. Employment required and rent fees. Minimum 6 month enrollment.

## **SPECIALIZED RESOURCES FOR WOMEN, MINORITIES, DISABLED AND AGING**

### **SOCIAL SECURITY ADMINISTRATION - 415 Valley View Dr., Scottsbluff, NE – **PH:** (308) 635-2158 or 800 772-1213 [www.socialsecurity.gov](http://www.socialsecurity.gov)**

Offers services for the aged, blind, disabled and survivors. Serves all 11 counties in the Panhandle.

### **MULTI CULTURAL HUMAN DEVELOPMENT - 422 E Overland, Scottsbluff, NE – **PH:** (308) 632-5831**

Assistance in employment, GED, night classes, vocational and job training referrals for migrants.

**NORFOLK AND VICINITY 24-HOUR CRISIS LINES**

**For Fire, Medical Emergencies and Police ... 911**

**Federal Bureau of Investigation 1-402-493-8688**

**Nebraska State Patrol ...402-370-3456**

**Emergency State Patrol ...1-800-525-5555**

**Poison Control Center...402-370-3456**

**Spouse Abuse...877-379-3798**

**Domestic Assault & Sexual Assault Program/ Family Violence & Sexual  
Assault**

**Toxic Chemical & Oil Spills (National Response Center) ... 1-800-424-8802**

## **ALCOHOL/DRUG PROGRAMS/MENTAL HEALTH SERVICES**

**BEHAVIORAL HEALTH SPECIALIST – 900 West Norfolk Avenue, Norfolk, NE 68701 – PH: (402) 370-3140; Fax - (402) 370-3373 <http://www.4bhs.org/>**

Provides counseling for mental health, anger control and drug and alcohol abuse.

**FAITH REGIONAL HEALTH SERVICES MEDICAL OFFICES – 2700 W. Norfolk Ave., Norfolk, NE 68701 – PH: (402) 371-4880 <http://frhs.org/>**

Offers drug/alcohol evaluations, intensive outpatient treatment for drug/alcohol, aftercare with one-on-one sessions, and gambling counseling. Morning educational classes.

**OASIS COUNSELING INTERNATIONAL – 333 West Norfolk Avenue, Suite 201, Norfolk, NE 68701 – PH: (402) 379-2030 <http://www.ocinternational.org/>**

Offers outpatient family and individual counseling, sex offender group therapy, alcohol and drug evaluations on a sliding scale fee.

**ODYSSEY III – 401 South 17<sup>th</sup> Street, Norfolk, NE 68701 – PH: (402) 371-7215 <http://www.odyssey3.org/>**

Individual mental health services, drug and alcohol abuse counseling, some individual sexual offender counseling.

## **EDUCATION ASSISTANCE**

**NORTHEAST COMMUNITY COLLEGE – 801 East Benjamin Avenue, PO Box 469 Norfolk, NE 68702 – PH: (402) 371-2025; Fax - (402) 371-0558**

Study for the GED tests by taking the free NE. School Diploma Preparatory Classes available through the Adult Basic Education Department.

## **EMPLOYMENT ASSISTANCE**

**WORKFORCE DEVELOPMENT – 105 East Norfolk Avenue, Suite 100 Norfolk, NE 68701 - (402) 370-3430; Fax - (402) 370-4431**

## **FINANCIAL ASSISTANCE**

**CONSUMER CREDIT COUNSELING SERVICE OF NE INC. – 700-1/2 Benjamin Avenue, Norfolk, NE 68701 – PH: (402) 371-4656 or (800) 739-2227; Fax - (402) 371-7462**

A non-profit organization providing free confidential counseling on debt repayment plans with office appointment or phone and mail counseling available.

## **HALFWAY – 3/4 WAY HOUSE – TRANSITIONAL LIVING**

**ANCHOR HOUSE – 1208 Norfolk Avenue, Norfolk, NE 68701 – Contact: Mike Sullivan – PH: (402) 750-7923; Beacon of Hope – 706 Koenigstein, Norfolk, NE 68701**

This is a halfway house that offers aftercare for men who have been through treatment for substance abuse and/or mental health issues. There is a minimum commitment of 90 days. Owners and Directors of this facility are Rob Walton and Mike Sullivan.

**LINK HALF-WAY HOUSE – 1001 Norfolk Avenue, Norfolk, NE 68701 – PH: (402) 371-5310; Mailing Address – P.O. Box 2007, Norfolk, NE 68702 – Fax - (402) 371-7483;**

Residential housing and aftercare program for adult men who have completed treatment For chemical abuse within the past year.

## **HOUSING ASSISTANCE**

**NORFOLK RESCUE MISSION – 111 North 9<sup>th</sup> Street, Norfolk, NE 68701 – PH: (402) 371-6484; Fax - (402) 371-2339**

Temporary shelter or long-term alcohol/drug program that is religious based.

## **SEX OFFENDER COUNSELING/PROGRAMS**

**OASIS COUNSELING INTERNATIONAL – 333 West Norfolk Avenue, Suite 201, Norfolk, NE 68701 – PH: (402) 379-2030 <http://www.ocinternational.org/>**

Offers outpatient family and individual counseling, sex offender group therapy, alcohol and drug evaluations on a sliding scale fee.

**ODYSSEY III – 401 South 17<sup>th</sup> Street, Norfolk, NE 68701 – PH: (402) 371-7215 <http://www.odyssey3.org/>**

Individual mental health services, drug and alcohol abuse counseling, some individual sexual offender counseling.

## **SUPPORT GROUPS**

**AA MEETINGS 303 Madison Avenue, Norfolk, NE 68701 – PH: (402) 371-9859**

**NA MEETINGS Monday – Norfolk Regional Center - 6:30 P.M.  
Tuesday – Episcopal Church, 9<sup>th</sup> & Madison - 7:00 P.M.  
Saturday – Episcopal Church, 9<sup>th</sup> & Madison - 7:00 P.M.**

**GA MEETINGS Tuesday – The Link, 1001 Norfolk Avenue - 6:30 P.M.**

**(ABOVE ADDRESSED ARE IN THE 68701 ZIP CODE)**

## **MISCELLANEOUS SERVICES**

**ASSOCIATED PSYCHOLOGIST & COUNSELORS – 1306 North 13<sup>th</sup> Street, Norfolk, NE 68701 – PH: (402) 371-8218 <http://www.apcnorfolk.org/>**

This organization provides services, which include evaluations and anger control counseling.

**CONSUMER CREDIT COUNSELING SERVICE OF NE INC. –1105S. 13<sup>th</sup> St. #205, Norfolk, NE 68701 – PH: (402) 371-4656 <http://www.cccsn.org/>**

A non-profit organization providing free confidential counseling on debt repayment plans with office appointment or phone and mail counseling available.

**NORFOLK RESCUE MISSION – 111 North 9<sup>th</sup> Street, Norfolk, NE 68701 – PH: (402) 371-6484; Fax - (402) 371-2339 <http://www.norfolkrescue.org/>**

This is a temporary shelter in the event a parole program fails. This is not to be used as an initial parole program from the institutions.