

# FIRST BIENNIAL REPORT

OF THE

SUPERINTENDENT

OF THE

OF THE

HON. JOSEPH S. COYNE, Com. Public Lands and Buildings.  
HON. GILBERT L. LAWR, Secretary of State.

# NORFOLK HOSPITAL FOR THE INSANE

RESIDENT OFFICERS

TO THE

EDWIN A. KELLEY, M.D., Superintendent.  
D. W. HANSON, M.D., Asst. Physician.

JOHN T. LEE, M.D., Asst. Physician.  
MARI B. BROWN, Asst. Nurse.

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*NORFOLK, DECEMBER 1, 1888.*

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LINCOLN, NEB. :

JOURNAL COMPANY, STATE PRINTERS.

.1888.

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D. W. HASSON, M.D.....	First Ass't Physician.
JOHN R. NICHOL .....	Steward.
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## L A W.

AN ACT to establish, locate, erect, and maintain a hospital for the insane within the state of Nebraska, and appropriate the necessary funds therefor.

*Be it enacted by the Legislature of the State of Nebraska:*

SECTION 1. That there shall be established in the state of Nebraska an institution under the name and style of "A hospital for the insane of Nebraska."

SEC. 2. That the said hospital for the insane of Nebraska be and is hereby established and located within three miles of the city or town of Norfolk, Nebraska, on such site as may be deemed most practicable by the board of public lands and buildings; *Provided, however,* That the said town or city of Norfolk shall donate to the state of Nebraska a tract of land containing not less than 320 acres of good land upon which to locate said institution, and it is hereby made the duty of the attorney general to see that a good and sufficient warranty deed is made to the state as soon as the same is donated and said hospital located thereupon; *Provided,* That should said city or town of Norfolk fail to donate said quantity of land as herein contemplated, on or before the first day of June, 1885, the said board shall at once proceed to locate said hospital for the insane at such place as shall comply with the requirements of this section, and as said board shall deem most advantageous to the interests of the state.

SEC. 3. That said institution shall be under charge of the board of public lands and buildings, and the governor shall appoint for said hospital such officers as are required in the hospital for the insane.

And it is further provided that the board of public lands and buildings shall adopt such regulations as they may deem expedient in regard to what patients or class of patients shall be admitted to

and provided for in the respective hospitals, or from what portion of the state patients or certain classes of patients may be sent to each or either hospital, and the said board may change such regulations from time to time as they may deem best, and they shall make such publications of these regulations as they may deem necessary for the information of those interested.

SEC. 4. That the sum of seventy-five thousand dollars be and is hereby appropriated out of the state general fund, for the purpose of erecting the necessary buildings.

SEC. 5. Within thirty days after the taking effect of this act, it shall be the duty of said board to advertise for thirty days in one paper in each of the cities of Lincoln, Omaha, and Chicago, for plans and specifications for said building. The entire cost of the building, including advertising and other expenses, must in nowise exceed the amount appropriated in section 4 of this act.

SEC. 6. Upon the day specified in said advertisement said board shall proceed to examine such plans and specifications, and adopt the one best calculated to subserve the wants of the institution, but the board shall reserve the right to reject any and all plans and specifications if in their judgment it is for the best interest of the state so to do. In case no plan is adopted, the board shall continue to advertise as provided for in section 5 of this act, until a plan is accepted.

SEC. 7. Upon the adoption of a plan said board shall advertise in the way and manner as provided for in section five of this act, for sealed proposals to build said buildings according to the plans and specifications adopted. Said bids shall be accompanied by a good and sufficient bond, in the sum of five thousand dollars (\$5,000) for the faithful performance of said proposition.

SEC. 8. Upon the day specified in said advertisement, it shall be the duty of said board to open and examine all such bids, and award such contract to the lowest responsible bidder; *Provided*, That in no case shall such bids exceed the amount in section 4 of this act appropriated, and the board shall reserve the right to reject any or all bids, and in case all bids are rejected said board shall continue to advertise as provided by section five of this act.

SEC. 9. Before entering upon his contract, the contractor shall be required to execute a good and sufficient bond to be approved by said board, in the sum of fifty thousand dollars (\$50,000) for the faithful performance of said contract; said contractor to receive sixty (60) per cent of the contract price when the walls of said building are up and the roof is on, and the balance shall be paid whenever said building is completed and accepted by said board of public lands and buildings.

SEC. 10. The auditor of public accounts is hereby authorized to draw his warrant on the state treasurer for the amount specified in this act, whenever the proper vouchers approved by the board of public lands and buildings are presented by him for payment.—  
[Laws of Nebraska, 1885.]

#### HISTORY.

At its nineteenth session the Legislature of Nebraska passed a bill quoted on the preceding page, which, on approval by the Governor, became a law March 4th, 1885.

The residents of Norfolk purchased and donated to the State the S. W.  $\frac{1}{4}$  and the S.  $\frac{1}{2}$  N. E.  $\frac{1}{4}$  and the N.  $\frac{1}{2}$  S. E.  $\frac{1}{4}$  of section number 13, township number 20, range number 1 west, containing 120 acres.

The property is situated two and one-half miles northward from the town of Norfolk, on an elevated plateau, and commands a beautiful view of the surrounding country.

#### BUILDING.

Plans and specifications for the building having been solicited by advertisement, those presented by P. M. Ellis, of Omaha, were adopted.

On the 13th day of August, 1885, after due advertisement, a contract for the erection and completion of the first building, with fire or plumbing and steam heating, was awarded to George King, of Brooklyn, Iowa, for the sum of \$64,255.

The site selected for the building is near the north-west corner of the S. W.  $\frac{1}{4}$ , and favorable for drainage in all directions. The contractor experienced some unlooked-for delays, but pushed the work actively, and on the 10th day of November, 1886, the building was accepted by the state. It is a good, substantial brick structure.

## SUPERINTENDENT'S REPORT.

*To the Honorable Board of Public Lands and Buildings :*

GENTLEMEN—The first biennial report of the Norfolk Hospital for the Insane is herewith respectfully submitted.

A brief history of the construction and equipment of the buildings precedes the regular exhibit of the operations of the Hospital since its occupation by patients, February 15th, 1888.

### HISTORY.

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The property is situated two and one-half miles north-east from the town of Norfolk, on an elevated plateau, and commands an excellent view of the surrounding country.

### BUILDINGS.

Plans and specifications for the buildings having been solicited by advertisement, those presented by F. M. Ellis, of Omaha, were adopted.

On the 13th day of August, 1885, after due advertisement, the contract for the erection and completion of the first building, exclusive of plumbing and steam heating, was awarded to George H. King, of Brooklyn, Iowa, for the sum of \$64,355.

The site selected for this building is near the north-west corner of the S.W.  $\frac{1}{4}$ , and favorable for drainage in all directions. The contractor experienced some unlooked-for delays, but pushed the work actively, and on the 10th day of November, 1886, the building was accepted by the state. It is a good, substantial brick structure, with

stone basement, is four stories in height, and has a south frontage of 244 feet, and an average width of 50 feet. In design it is made up of three blocks or divisions; the central block, or administration building, contains the offices, parlors, and officers' quarters; a lateral block or section of wards on either side, east and west, is connected to the administration building by short corridors and stairways.

These two sections of wards contain 96 rooms for patients, the necessary dining rooms, bath-rooms, attendants' rooms and closets.

For the plumbing and steam heating fixtures in this building the state furnished material and employed a practical foreman to superintend the work.

#### PROVISION FOR RUNNING EXPENSES.

At the twentieth session of the Legislature, beginning in January, 1887, the following appropriations were made for necessary additional buildings, machinery, furniture, and running expenses of the institution for the biennial period ending March 31, 1889, to-wit:

Salary of Superintendent.....	\$ 5,000 00
Salary of assistant superintendent.....	3,000 00
Employes' wages.....	17,000 00
Board and clothing.....	30,000 00
Fuel and lights.....	10,000 00
Drugs, instruments, and stationery.....	2,000 00
Repairs and improvements.....	1,500 00
Furniture and bedding.....	8,000 00
Music, musical instruments, and amusements.....	1,500 00
Library.....	1,000 00
Paints and oils.....	300 00
Ice houses and ice.....	2,000 00
Incidentals.....	2,000 00
Kitchen, bakery, and chapel.....	14,000 00
Boiler house, engine house, and laundry.....	15,700 00
Frame barn with stone basement.....	1,000 00
Smoke stack.....	3,000 00
Boilers, engine, pumps, and machinery.....	10,000 00
Two wings to main building.....	49,000 00

## APPOINTMENT OF OFFICERS.

In April, 1887, Governor Thayer made the following appointment of officers to the Hospital for the Insane at Norfolk, to-wit:

EDWIN A. KELLEY, M.D.....Omaha.....Superintendent.  
 D. W. HASSON, M.D.....Ponca.....Assistant Superintendent.  
 JOHN R. NICHOL.....Neligh.....Steward.  
 MRS J. M. HULBERT.....Norfolk.....Matron.

## ERECTION OF REAR CENTRAL BUILDINGS.

Soon after the newly appropriated funds became available (April 1, 1887), the Board of Public Lands and Buildings adopted plans for the rear central buildings, including kitchen, bakery, and chapel, boiler house, engine house, and laundry, smokestack, underground tunnels, etc.

Mr. D. B. Howard, of Lincoln, was awarded the contract for the construction of these buildings, the two wings to main building, and the frame barn with stone basement. The contract price for this work was \$63,900.

Mr. Howard began the contract in July, 1887, and by January 1, 1888, had completed the rear central buildings, and the stone basement of the two wings.

## PLUMBING, STEAM HEATING, AND MACHINERY.

The contract for boilers, engine, pumps, and machinery, and for the completion of the plumbing and steam heating plant, was awarded to James H. O'Neill, of Lincoln. The amount expended on this contract was \$20,392.

## ELECTRIC LIGHTING EQUIPMENT.

The contract for lighting the entire institution with the incandescent electric light, was awarded to the United States Electric Light Company, of Omaha, Nebraska. The sum expended for this purpose was \$5,694.25. The plant consists essentially of two Westinghouse high speed engines, one of forty-five horse power, the other twenty-five horse power; two dynamos, one of 450 lights, the

other 150 lights capacity ; a complete set of safety devices, regulating instruments, switch boards, wiring lamps and fixtures, combined in a substantial and workmanlike manner for the purpose named.

The work was under the immediate supervision of Mr. Frank Warren, secretary and treasurer of the Omaha Illuminating Company, and was executed in a thoroughly first-class manner.

The plant as a whole is second to none in the state, and aside from necessary expenditures for services of the engineer, fuel, oils, etc., has cost the state since February last scarcely \$25 for lamps and repairs.

The control of the whole plant is so perfectly consummated in the arrangement of the switch board that any lamp in the institution can be illuminated by the current from either dynamo, the load can be shifted from either machine to the other, or the combined capacity of the two dynamos can be utilized on the one system of wires. The insulation grouping and mechanical construction have been so well done that the loss by resistance is less than  $2\frac{1}{2}$  per cent.

#### FURNITURE EQUIPMENT.

In the selection of suitable furniture for the equipment of such an institution, the most difficult problem was to determine where we could economize in order to keep within the appropriation.

The amount deemed necessary by your honorable board was \$10,000 ; the legislature reduced this to \$8,000 ; and with this amount we undertook to equip the institution ready for occupancy by patients. As a result, we come before the coming Legislature with a deficiency on furniture and bedding of \$1,701.42 ; of this amount \$1,309.67 was expended for steam table, steam kettles, coffee, tea, and hot water urns, wrought iron range, etc., to equip the general kitchen ; in making our estimates this bill was classed as chargeable to either the appropriation for kitchen, bakery, and chapel, or to new machinery ; the warrant for the above bill was drawn on the appropriation for furniture and bedding before the last of our legitimate bills for furniture fell due ; as a result when they were presented the fund was well-nigh exhausted, and a deficiency ensued.

Without the above misunderstanding, our appropriation for furniture and bedding would have shown a deficiency of less than \$400.

In the equipment of the wards the bed linen, table linen, towels, comforts, etc., were manufactured in our sewing room.

In like manner similar equipment of officers and employes' quarters were made ready. Stores and necessary supplies for the maintenance of the household were purchased, employes engaged, and the house put in order for the reception of inmates.

#### DISTRICTING THE STATE.

Pursuant to the provisions of the law the Board of Public Lands and Buildings set aside the following territory, comprising the Norfolk Asylum district, to-wit, the following counties:

Antelope, Blaine, Boone, Box Butte, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dawes, Dixon, Dodge, Garfield, Greeley, Holt, Keya Paha, Knox, Loup, Madison, Nance, Pierce, Platte, Sheridan, Sioux, Stanton, Thomas, Valley, Washington, Wayne, and Wheeler.

All inmates of the Nebraska Hospital for the Insane at Lincoln who were originally residents of the above counties, were, on order of the Board of Public Lands and Buildings, transferred from Lincoln to Norfolk.

#### TRANSFER OF PATIENTS.

On the 15th day of February, 1888, a transfer of patients was made from Lincoln to Norfolk, via U. P. R. R.

Ninety-seven patients, 54 males and 43 females, on a special train in charge of the superintendent of the Nebraska Hospital for Insane, arrived at Norfolk at 8 P.M. They were transported in carriages from the depot to the Hospital, all arriving safely at 9 P.M. Supper was served at 10 P.M., and the 97 patients put to bed in their new quarters at 10:30 P.M.

This brief summary of early events in the history of the organization of this Hospital brings us up to the date of its active operation as an institution, and I now proceed to submit for your consideration a history of its first ten months' work.

The following table will show the movements in population during the year:

TABLE NO. I.

*Movements in Population from February 15th, 1888, to November 30th, 1888.*

	Males.	Females.	Total.
Number received from Hospital at Lincoln,			
February 15, 1888.....	54	43	97
New cases admitted during the year.....	27	25	52
	—	—	—
Total under treatment.....	81	68	149
Discharged.	Males.	Females.	Total.
As recovered .....	6	7	13
As improved.....	4	2	6
As unimproved.....	1	1	2
Not insane.....	...	1	1
Died .....	3	3	6
	—	—	—
	14	14	28
At home on furlough.....	3	2	5
	—	—	—
Remaining on records, November 30, 1888....	67	54	121
Actual number in Hospital, November 30, 1888 .....	64	52	116
Daily averages.....	60.78	48.92	109.70

The total number of patients under treatment since the opening of the Hospital has been 149, 81 males and 68 females. Of this number, 97, 54 males and 43 females, were received on the transfer from the Hospital at Lincoln. During the year there have been 52 new cases admitted from the Norfolk Asylum district. Of the 149 cases under treatment since the opening of the Hospital, February 15, 1888, 13 have been discharged as recovered, 6 as improved, 2 as unimproved, 1 as not insane, and 6 have died.

The average daily number under treatment has been 109.70, the ratio of recoveries based upon the total number under treatment is 9 per cent; when based upon the new admissions, 25 per cent. By reference to a subsequent table of statistics, it will be seen that of

the 97 patients who were received from Lincoln, fully 60 per cent had been insane for from three to ten years prior to their admission here. Fully 80 per cent of those transferred will soon be classed as chronic incurable cases. This reference is made by way of explanation of our apparently small percentage of recoveries.

The 52 new cases admitted since the opening of the Hospital have been substantially acute and violent ones, demanding immediate Hospital care, and that, too, in an institution already crowded to its full capacity.

#### PLAN OF MANAGEMENT.

In the organization of this Hospital the aim has been to systemize the work and locate responsibility by creating heads of departments, and employing for them competent and specially qualified persons. An accurate knowledge of the disbursement of all supplies has in this manner been obtained, the head of each department made responsible for supplies received, and each particular line of work definitely marked out.

A daily report from each ward, showing in detail the transactions of the day, the personal condition of each and every patient, his conduct and exact status for the day, has been compiled by the supervisors, and filed at the office.

In the care of patients, employment of various kinds, games, amusements, abundant sunshine, and outdoor exercise have been made use of extensively. Mechanical restraints have been prohibited in the care and management of the insane; personal attention to the individual, firmness, tact, and judgment on the part of the attendant will accomplish the same purpose more certainly than a resort to brute force.

Paroles and furloughs have been frequently granted, and the results have been altogether satisfactory.

#### PER CAPITA COST OF MAINTENANCE.

The actual per capita cost for maintenance, based upon an average daily number of 109.70 patients, and calculated upon the sums expended for employes' wages, boarding and clothing, drugs, fuel, and

lights, and officers' salaries, amounts to \$7.40 per week; without including officers' salaries the per capita cost was \$6.70 per week. In a new Hospital which accommodates but few over one hundred patients the per capita cost of maintenance is necessarily high. The official and operative portions of the whole plant must be conducted for the one hundred patients on almost as expensive a basis as if there were two, three, or four hundred; medical officers, steward and matron, pharmacist, engineers, baker, cook, carpenter, night watches, supervisors, and other heads of departments must needs be on duty to operate the plant; the same pumps, engines, machinery, steam heating and culinary apparatus now in use will be nearly capable of carrying the additional load.

#### FINANCES.

On a succeeding page the estimated amounts necessary for current expenses, new buildings, new machinery, officers' salaries, employes' wages, and other requirements of the institution for the next biennial period, together with the deficiencies which have been incurred during the past two years, are exhibited in regular form.

To the management of the institution it is a matter of sincere regret that deficiencies should have occurred, yet the three funds in which they appear belong to the practical daily necessities of life, and the moneys expended have shown full values in the operations of the institution. In the \$11,110.42 of deficiency on fuel and lights, there is included the sum of \$4,123.75 paid on contract for the electric light plant, and an estimate of \$4,725 for fuel for the quarter ending March 31, 1889.

For a full statement of the financial condition of the institution, I respectfully refer you to the Steward's report.

TABLE No. II.

*Residence of those Admitted.*

Counties.	Males	Females.	Total.
Antelope.....	8	3	11
Blaine.....	0	0	0
Boone.....	5	2	7
Box Butte.....	1	2	3
Brown.....	2	1	3
Burt.....	4	5	9
Cedar.....	2	3	5
Cherry.....	2	3	5
Colfax.....	1	3	4
Cuming.....	5	4	9
Dakota.....	3	2	5
Dawes.....	1	1	2
Dixon.....	3	2	5
Dodge.....	9	7	16
Garfield.....	0	0	0
Greeley.....	2	0	2
Holt.....	2	4	6
Keya Paha.....	2	0	2
Knox.....	3	2	5
Loup.....	0	0	0
Madison.....	6	6	12
Nance.....	2	0	2
Pierce.....	3	0	3
Platte.....	4	6	10
Sheridan.....	0	0	0
Sioux.....	0	0	0
Stanton.....	1	3	4
Thomas.....	0	0	0
Valley.....	1	1	2
Washington.....	3	4	7
Wayne.....	2	1	3
Wheeler.....	0	0	0
State at large.....	4	3	7
Totals.....	81	68	149

TABLE No. III.

*Nativity of those Admitted from February 15th, 1888, to November 30, 1888.*

	Males.	Females.	Total.
Illinois.....	5	1	6
Indiana.....	1	1	2
Iowa.....	11	2	13
Massachusetts.....	2	0	2
Michigan.....	1	3	4
Minnesota.....	0	1	1
Missouri.....	1	4	5
Nebraska.....	2	3	5
New Jersey.....	1	0	1
New York.....	3	10	13
Ohio.....	4	0	4
Pennsylvania.....	2	4	6
Vermont.....	2	0	2
Wisconsin.....	1	2	3
Total born in United States.....	36	31	67
Bohemia.....	3	4	7
British America.....	0	1	1
Canada.....	1	1	2
Denmark.....	3	4	7
England.....	3	1	4
Germany.....	16	9	25
Ireland.....	7	4	11
Norway.....	2	0	2
Poland.....	1	1	2
Prussia.....	0	2	2
Scotland.....	0	1	1
Sweden.....	6	5	11
Switzerland.....	2	2	4
Total born in foreign countries.....	44	35	79
Unknown.....	1	2	3
Grand total.....	81	68	149

TABLE NO. IV.

*Occupations of persons admitted.*

OCCUPATION.	MALE.	FEMALE.	TOTAL.
Housewife.....	...	34	34
Housekeeper.....	...	14	14
Servant .....	...	7	7
Nurse.....	...	1	1
Dressmaker .....	...	3	3
School teacher.....	...	1	1
Homesteader .....	1	1	2
Farmer .....	42	...	42
Laborer.....	11	...	11
Shoemaker.....	3	...	3
Carpenter.....	2	...	2
Gold miner.....	2	...	2
Plasterer .....	1	...	1
Sawyer.....	1	...	1
Sailor.....	1	...	1
Tinner .....	1	...	1
Baker.....	1	...	1
Mail carrier.....	1	...	1
Jeweler.....	1	...	1
Butcher.....	1	...	1
Musician.....	1	...	1
Minister.....	1	...	1
Machinist.....	1	...	1
Liveryman.....	1	...	1
Stockdealer.....	1	...	1
None.....	4	4	8
Unknown .....	3	3	6
Total .....	81	68	149

TABLE NO. III

TABLE NO. IV

TABLE NO. V.

*Ages and civil conditions of those admitted.*

AGES.	MALES.			FEMALES.			Total.
	Married.	Single.	Widowers.	Married.	Single.	Widows.	
Under 20 years.....	2			1			3
From 20 to 25 yrs... ..	7			2	3		12
“ 25 to 30 “ .....	10			4	8		22
“ 30 to 35 “ .....	3	10	2	6	1		22
“ 35 to 40 “ .....	2	9		8	1		20
“ 40 to 45 “ .....	4	2		4	2	1	13
“ 45 to 50 “ .....	4	1	1	7	1	1	15
“ 50 to 55 “ .....	5			4		1	10
“ 55 to 60 “ .....	4				1		5
“ 60 to 65 “ .....	3		1				4
“ 65 to 70 “ .....			1				1
“ 70 to 75 “ .....							
“ 75 to 80 “ .....	1						1
Unknown .....	1	1	2	6	2	1	13
Ages and civil condition unknown ... ..	5				3		8
Grand total.....							149

TABLE NO. VI.

*Alleged causes of insanity in those admitted.*

	MALE.	FEMALE.	TOTAL.
Abscess in middle ear.....	2	...	2
Abortion.....	...	1	1
Army life.....	1	...	1
Congenital defect.....	...	2	2
Cruelty from husband.....	...	2	2
Desertion by husband.....	...	1	1
Destitution.....	...	2	2
Disappointment in love.....	1	3	4
Domestic trouble.....	2	1	3
Epilepsy.....	9	1	10
Excessive use of opium.....	1	2	3
Financial reverses.....	1	...	1
Fright.....	2	...	2
Grief on death of relative.....	1	2	3
Hard study.....	2	...	2
Heredity.....	9	12	21
Injury to head.....	10	1	11
Insolation.....	4	...	4
Intemperance.....	4	...	4
Jealousy.....	...	2	2
Lactation.....	...	1	1
Loss of children.....	...	2	2
Loss of property.....	...	5	5
Masturbation.....	5	1	6
Menopause.....	...	3	3
Menstrual derangement.....	...	5	5
Mining speculations.....	1	...	1
Over work.....	...	1	1
Old age.....	2	...	2
Prostitution.....	...	1	1
Puerperal fever.....	...	4	4
Religious excitement.....	1	2	3
Recurrence.....	...	1	1
Separation from friends.....	...	1	1
Softening of brain.....	1	...	1
Typhoid fever.....	1	1	2
Unknown.....	21	8	29
Total.....	81	68	149

TABLE NO. VII.

*Forms of disease in those under treatment during the year.*

DISEASE.	MALE.	FEMALE.	TOTAL
<b>Dementia—</b>			
(a) primary .....	3	5	8
(b) secondary.....	12	14	26
(c) paralytica.....	6	...	6
(d) senile.....	1	...	1
(e) with epilepsy.....	4	...	4
Hystero-epilepsy.....	1	...	1
<b>Mania—</b>			
(a) acute.....	9	13	22
(b) acute-recurrent.....	...	1	1
(c) subacute.....	1	...	1
(d) chronic.....	16	11	27
(e) hysterical.....	...	1	1
(f) puerperal.....	...	1	1
(g) with epilepsy.....	2	1	3
Megalomania.....	1	1	2
<b>Melancholia—</b>			
(a) acute.....	17	15	32
(b) chronic.....	5	4	9
(c) with epilepsy.....	3	...	3
Not insane.....	...	1	1
<b>Total.....</b>	<b>81</b>	<b>68</b>	<b>149</b>

TABLE No. VIII.

*Duration of disease in those admitted.*

TIME.	MALE.	FEMALE.	TOTAL.
Under one month.....	4	5	9
One to two months.....	4	4	8
Two to three months.....	3	3	6
Three to four months.....	1	...	1
Four to six months.....	6	2	8
Six to eight months.....	2	4	6
Eight to twelve months.....	5	6	11
One to two years.....	7	6	13
Two to three years.....	3	7	10
Three to five years.....	15	7	22
Five to eight years.....	11	3	14
Eight to ten years.....	4	6	10
Over ten years.....	2	5	7
Over fifteen years.....	3	...	3
Unknown.....	6	7	13
Unknown but at Lincoln Hospital over three years.....	2	...	2
Unknown but at Lincoln Hospital over five years.....	2	2	4
Unknown but at Lincoln Hospital over ten years.....	1	...	1
Not insane.....	...	1	1
	<hr/>	<hr/>	<hr/>
	81	68	149
	<hr/>	<hr/>	<hr/>
	64	62	126

TABLE No. IX.

Showing number and condition of those discharged from February 15th, 1888, to November 30th, 1888.

AS RECOVERED			AS IMPROVED			AS UNIMPROVED		
MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL
6	7	13	4	2	6	1	1	2
AS NOT INSANE			DIED			HOME ON FURLOUGH		
MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL
...	1	1	3	3	6	3	2	5

TABLE No. X.

Showing causes of Death.

	MALES.	FEMALES.	TOTALS.
Phthisis Pulmonalis.....	...	2	2
Cerebral hemorrhage .....	1	...	1
Organic disease of the brain .....	2	1	3
Totals .....	3	3	6

TABLE No. XI.

*Residence of those remaining in Hospital November 30, 1888.*

COUNTIES.	MALES.	FEMALES.	TOTALS.
Antelope .....	7	3	10
Blaine .....	...	...	...
Boone .....	2	1	3
Box Butte .....	1	2	3
Brown .....	1	1	2
Burt .....	3	4	7
Cedar .....	2	3	5
Cherry .....	2	1	3
Colfax .....	1	2	3
Cuming .....	5	2	7
Dakota .....	2	2	4
Dawes .....	1	...	1
Dixon .....	3	2	5
Dodge .....	7	5	12
Garfield .....	...	...	...
Greeley .....	2	...	2
Holt .....	1	3	4
Keya Paha .....	1	...	1
Knox .....	2	2	4
Loup .....	...	...	...
Madison .....	5	4	9
Nance .....	2	...	2
Pierce .....	3	...	3
Platte .....	3	5	8
Sheridan .....	...	...	...
Sioux .....	...	...	...
Stanton .....	1	2	3
Thomas .....	...	...	...
Valley .....	...	1	1
Washington .....	2	4	6
Wayne .....	1	...	1
Wheeler .....	...	...	...
State at large .....	4	3	7
Totals .....	64	52	116

TABLE No. XI

Residence of those remaining in Hospital November 30, 1888

COUNTIES	MALES	FEMALES	TOTALS
Antelope	7	3	10
Blaine	1	1	2
Boone	1	1	2
Box Butte	1	1	2
Brown	1	1	2
Burt	1	1	2
Cedar	1	1	2
Cherry	1	1	2
Colfax	1	1	2
Cuming	1	1	2
Dakota	1	1	2
Dawes	1	1	2
Dixon	1	1	2
Dodge	1	1	2
Garfield	1	1	2
Greeley	1	1	2
Holt	1	1	2
Keya Paha	1	1	2
Knox	1	1	2
Loup	1	1	2
Madison	1	1	2
Nance	1	1	2
Pierce	1	1	2
Platte	1	1	2
Sheridan	1	1	2
Sioux	1	1	2
Stanton	1	1	2
Thomas	1	1	2
Valley	1	1	2
Washington	1	1	2
Wayne	1	1	2
Wheeler	1	1	2
State at large	1	1	2
Total	10	10	20

TABLE No. XII.

Residence before admission of those under treatment during the year.

COUNTIES	Transferred from Hospital at Lincoln			New cases admitted			DISCHARGED										Remaining on Hospital records November 30, 1888		
	Males	Females	Total	Males	Females	Totals	Recov- ered	Im- proved	Unim- proved	Not in sane	Died	Males		Females		Totals			
							Males	Females	Totals	Males	Females	Totals	Males	Females	Totals	Males	Females	Totals	
Antelope	7	1	8	1	2	3	1	1	1	1	1	7	3	10					
Blaine	3	2	5	2	2	4	1	1	2	1	1	2	1	2	3				
Boone	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Box Butte	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Brown	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Burt	3	4	7	1	1	2	1	1	1	1	1	4	4	8	8				
Cedar	2	1	3	2	2	4	1	1	1	1	1	3	3	6	6				
Cherry	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Colfax	1	2	3	1	1	2	1	1	1	1	1	1	1	2	3				
Cuming	3	2	5	2	2	4	1	1	1	1	1	5	5	10	10				
Dakota	3	3	6	2	2	4	1	1	1	1	1	4	4	8	8				
Dawes	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Dixon	2	1	3	1	1	2	1	1	1	1	1	3	2	5	5				
Dodge	6	5	11	3	2	5	2	2	2	2	2	8	5	13	13				
Garfield	1	1	2	1	1	2	1	1	1	1	1	2	2	4	4				
Greeley	1	3	4	1	1	2	1	1	1	1	1	1	3	4	4				
Holt	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Keya Paha	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Knox	1	2	3	1	1	2	1	1	1	1	1	1	2	3	3				
Loup	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Madison	5	5	10	1	1	2	1	1	1	1	1	5	5	10	10				
Nance	2	2	4	1	1	2	1	1	1	1	1	2	2	4	4				
Pierce	2	2	4	1	1	2	1	1	1	1	1	3	3	6	6				
Platte	2	4	6	2	2	4	1	1	1	1	1	4	5	9	9				
Sheridan	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Sioux	1	2	3	1	1	2	1	1	1	1	1	1	2	3	3				
Stanton	1	2	3	1	1	2	1	1	1	1	1	1	2	3	3				
Thomas	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Valley	2	3	5	1	1	2	1	1	1	1	1	2	4	6	6				
Washington	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Wayne	1	1	2	1	1	2	1	1	1	1	1	1	1	2	3				
Wheeler	4	2	6	1	1	2	1	1	1	1	1	4	3	7	7				
State at large	4	2	6	1	1	2	1	1	1	1	1	4	3	7	7				
Total	54	48	102	27	25	52	6	7	13	4	2	6	1	1	2	67	54	121	

## EQUIPMENT OF NEW WINGS.

The new wings or sections of wards which have been under construction for the past two years are now completed, and when furnished will accommodate 120 patients, each one in a separate room. The builder's work has been substantially and neatly done.

In order that these new wards shall be available for hospital purposes, there should be made at the coming session of the Legislature a generous appropriation for furniture and other equipment.

## AMUSEMENT HALL.

For the proper equipment of the amusement hall, 250 seats, scenery, and stage fixtures are required. These items have been figured in the estimates for furniture and music, musical instruments and amusements.

## GRADING, FENCING, AND LANDSCAPE GARDENING.

The enclosure of the grounds and farm owned by the state and used as a site for a Hospital for the Insane is a practical question which requires no argument. Grading of the grounds in order to establish proper drainage away from the Hospital buildings, and for improvement of the site, is equally important. In order to properly accomplish the beautifying of the grounds, to plan walks, lawns, and driveways, establish grades and safe surface drainage, the services of a landscape gardener must be secured.

Careful attention to and liberal expenditures upon the grounds and surroundings of a Hospital for the Insane are as essential to the comfort and restoration of patients as are good food, clean beds, or kind treatment.

## BARN AND ICE HOUSE.

By way of explanation of the special appropriation asked for for "barns and ice house," I will say that shelter for our milch cows will be absolutely necessary, and that in the preservation of milk, meats, butter, and other perishable articles, a large quantity of ice is required, and can be cut and stored in a house of our own at less than one-third of the cost of purchase from dealers.

## ACKNOWLEDGMENTS.

This institution has been treated with great kindness by many friends since its organization, and it affords me pleasure to publicly express my gratitude. The representative citizens of Norfolk have taken great pride in their home institution, and have accorded it their generous and substantial support.

To the local press I am under especial obligations for personal favors and repeated courtesies.

The following clergymen in Norfolk have very generously contributed their services in conducting our chapel exercises, viz.: Rev. J. J. Parker, Rev. W. T. Whitmarsh, and Rev. J. W. Martin.

To each of these gentlemen we are very sincerely thankful.

To Superintendent Knapp, Steward Lauer, and the corps of attendants who had in charge the transfer of the insane from Lincoln to Norfolk, I desire to express my sincere gratitude for their invaluable assistance in managing and classifying the patients.

To the officers and employes of the Hospital I am especially grateful for their uniform devotion to duty and their hearty co-operation in the management of the affairs of the institution.

We are deeply indebted to the publishers of many newspapers for gratuitous copies of their publications, and to each of them we extend a most cordial invitation to pay our institution a visit.

In conclusion I desire to express my sincere gratitude to the Board of Public Lands and Buildings for the kind consideration which you have accorded me and for the generous support which you have, upon all occasions, extended to me in the discharge of my duties.

Respectfully submitted,

EDWIN A. KELLEY,

*Superintendent.*

*Norfolk, Neb., Nov. 30, 1888.*

## EXPENDITURES.

*For the Norfolk Hospital for the Insane from April 1, 1887, to November 30, 1888.*

## STEWARD'S REPORTS.

Total appropriations.....		\$83,300 00
Expenditures for Superintendent's salary...	\$3,604 15	
"    Assistant physician.....	1,125 00	
"    Employes' wages.....	12,958 01	
"    Board and clothing.....	14,515 24	
"    Fuel and lights.....	10,000 00	
"    Drugs, instruments, and stationery .....	1,677 51	
"    Repairs and improvements	1,499 80	
"    Furniture and bedding....	8,000 00	
"    Music, musical instru- ments, and amusements	1,137 75	
"    Library.....	315 13	
"    Paints and oils.....	132 02	
"    Ice house and ice .....	612 87	
"    Incidentals.....	1,916 01	
Balances unexpended December 1, 1888....	25,806 51	
	<hr/>	83,300 00

## DEFICIENCIES NOT INCLUDED IN THE ABOVE.

Furniture and bedding.....	1,701 42	
Fuel and lights.....	3,418 85	
Repairs and improvements .....	245 81	
	<hr/>	5,366 08

## STEWARD'S REPORT.

*For Norfolk Hospital for Insane from April 1, 1887, to November 30, 1888.*

## CASH FUND.

1888.

July 7.	1,680 lbs hogs sold C. Reed, at \$4.75	79 80	
" 17.	1530 " " \$4.85	74 20	
Nov. 20.	2030 " " \$5.00	101 50	
			<u>\$255 50</u>

1888.

Sept. 4.	Paid for R. R. ticket for J. Weis, patient.....	2 49	
" 4.	" cash furnished J. Weis.....	50	
" 4.	" express from Chicago.....	1 00	
" 4.	" for R. R. ticket for Tillie Nelson, patient.....	2 47	
" 11.	" J. E. How for 12 hogs.....	120 00	
Nov. 2.	" for freight, F., E. & M. V.	1 40	
" 6.	" R. R. ticket for W. O. Brown.....	1 21	
" 10.	" C. C. Dunham for work...	15 00	
" 14.	" J. T. Lee, for expense of returning C. E. Webb, patient.....	28 12	
" 14.	" for hauling straw.....	1 00	
Nov. 28.	" Reese & Reckard for chair.	7 75	
" 29.	" for postage stamps.....	10 00	
" 3.	" C. F. W. Marquardt for clock.....	4 00	
" 21.	" F. T. and F. A. Campbell, peg scraper.....	75	
	" Nebraska telephone company for rent of telephone from Nov. 1 to Dec. 31, 1888.....	16 70	
			<u>\$212 39</u>
	Balance on hand Dec 1, 1888.....		\$43 11

## GOODS MANUFACTURED IN SEWING ROOM.

- 270 single sheets.  
 60 double sheets.  
 400 pillow cases.  
 14 pillow ticks.  
 27 straw ticks.  
 135 single comforts.  
 20 double comforts.  
 3 ladies' waists.  
 32 calico dresses.  
 31 gingham dresses.  
 16 shirting dresses.  
 6 worsted dresses.  
 36 gingham aprons.  
 4 ticking aprons.  
 57 pair ladies' pants.  
 9 pair men's drawers.  
 48 men's shirts.  
 68 ladies' chemises.  
 46 cotton flannel skirts.  
 5 red flannel skirts.  
 2 shirting skirts.  
 173 tea towels  
 105 hand towels.  
 16 roller towels.  
 17 table cloths.  
 17 sun bonnets.  
 16 pair tick suspenders.  
 1 comfort cover.  
 1 shroud.

## FARM PRODUCTS.

- 20 bushels radishes.  
 101 bushels potatoes.  
 65 bushels turnips.

- 29 bushels onions.
- 607 dozen cucumbers.
- 187 dozen sweet corn.
- 18½ bushels sweet potatoes.
- 150 pounds veal.
- 10 pigs.
- 1 yearling colt.
- 20 tons prairie hay.
- 10 tons millet hay.

Oct. 30, 1888.

J. R. NICHOL,  
Steward.

11	J. R. Nichol for 12 hogs	8 pair men's drawers
12	J. R. Nichol for 12 hogs	48 men's shirts
13	J. R. Nichol for 12 hogs	88 ladies' dresses
14	J. R. Nichol for 12 hogs	46 cotton lined skirts
15	J. R. Nichol for 12 hogs	5 red flannel skirts
16	J. R. Nichol for 12 hogs	2 spinning skirts
17	J. R. Nichol for 12 hogs	173 tea towels
18	J. R. Nichol for 12 hogs	105 hand towels
19	J. R. Nichol for 12 hogs	18 roller towels
20	J. R. Nichol for 12 hogs	14 table cloths
21	J. R. Nichol for 12 hogs	17 sun bonnets
22	J. R. Nichol for 12 hogs	16 pair silk suspenders
23	J. R. Nichol for 12 hogs	1 comfort cover
24	J. R. Nichol for 12 hogs	1 shawl
25	J. R. Nichol for 12 hogs	50 bushels radishes
26	J. R. Nichol for 12 hogs	101 bushels potatoes
27	J. R. Nichol for 12 hogs	50 bushels turnips

## APPENDIX.

## ESTIMATED APPROPRIATIONS

*Necessary for the two years beginning April 1, 1889.*

For board and clothing.....	\$ 51,300 00
“ Employes’ wages.....	37,250 00
“ Fuel and lights.....	25,000 00
“ Drugs, instruments, and apparatus.....	3,000 00
“ Furniture and bedding.....	7,250 00
“ Carpets and curtains.....	1,200 00
“ Music, musical instruments, and amusements.....	2,000 00
“ Books, stationery, and pictures.....	1,500 00
“ Repairs and improvements.....	2,500 00
“ Paints, oils, and painting.....	650 00
“ Telephone, telegraphing, and postage.....	600 00
“ Expenses returning patients.....	1,000 00
“ Incidentals.....	2,000 00
“ Vehicles and farming implements.....	1,500 00
“ 25 milch cows and 1 bull.....	750 00
“ 4 horses.....	600 00
“ Grading, fencing, and landscape gardening.....	6,550 00
“ Salary of Superintendent.....	5,000 00
“ Salary of assistant physician.....	3,000 00

## SPECIAL APPROPRIATIONS.

For barns and ice house.....	\$ 3,500 00
“ new machinery.....	1,500 00

## DEFICIENCY APPROPRIATIONS.

For furniture and bedding.....	\$ 1,701 42
“ Fuel and lights.....	11,110 42
“ Repairs and improvements.....	500 00